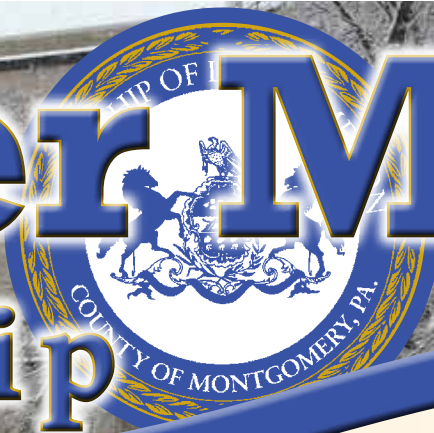


Lower Merion Township



Winter 2020

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From the Manager's Desk

On behalf of the Township Board of Commissioners and our Township staff, I'd like to wish all of you a very happy and healthy 2020, and hope that you and your family enjoyed the holidays.

In December, the Board adopted the 2020 Annual Budget. For the ninth year in a row now, we are pleased to say that there will again be no increase in the Township's real estate tax, and no change to our services to you. Also once again, we must state a disclaimer—this is not a streak that can continue indefinitely. But we'll also repeat one more set of facts—this trend is a result of Lower Merion's terrific business climate, very involved residents, its rock-solid housing stock, and dependable financial leadership.

THE 2020 CENSUS

In 2020, the Federal government will conduct its decennial count of the population, which it has done every 10 years since 1790. And for the first time, the U.S. Census Bureau will accept responses online and by phone (though you can still respond by mail).



It is vitally important that each Lower Merion resident is accounted for in the Census. "Unlike 10 years ago, we now live in a world in which more local governments are using data to guide their decisions," according to a recent article in the trade journal *Government Technology*. "Some of the actual data in that equation is often derived from the Census, increasing the stakes for communities this time around."

It's not just Federal dollars and proper political representation that

is at stake, though those two factors remain as important as ever. These days, Census-driven data influences private-sector decisions like never before. Businesses use data from the Census to find out where to locate operations, the article says. Many national companies, whether retail or professional, never locate a new operation without looking at Census data.

The reference day for the 2020 Census is April 1st, by tradition. Over the next few months, look for information on the *LowerMerion.org* home page, this newsletter, our social media networks (Facebook and Twitter), posters around town, and on LMTV to learn more about local efforts to increase awareness of the Census and its importance, and ways that you can help to spread the word and get every Township resident counted. Go to 2020census.gov for much, much more information on this extremely important topic for our local economy. And please click on that center button labelled "Get Involved."

NEW & RETIRING BOARD MEMBERS

I'd also like to take this opportunity to welcome and congratulate our three newly elected Board Commissioners, due to be sworn in on January 6th at the 61st Biennial Reorganization Meeting: **Sean Whalen** (Ward 7); **David McComb** (Ward 9); and **Gilda Kramer** (Ward 13). Likewise, we'd like to give a heartfelt thank you to the Commissioners from those wards who have stepped down after many years of faithful service to our Township: **Liz Rogan**, **George Manos**, and **Brian McGuire**. The three have spent countless hours during many long evening meetings helping to ensure that we live in a healthy, attractive and prosperous community.

Here's to a mild winter, and to seeing you around the Township soon.

Sincerely,

Ernie McNeely
Township Manager

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Meet Your New Commissioners

On November 5, 2019, three new members of the Lower Merion Board of Commissioners were elected. They will take their seats at the 61st Biennial Reorganization of the Board on January 6th. They are:



Sean P. Whalen (Ward 7): Mr. Whalen attended law school and graduated from The University of Michigan Law School in 2005. He is an attorney at Vintage Law, LLC, in Ardmore, helping people with land use and zoning issues. He also assists clients with real estate, business, and commercial matters before the Pennsylvania and New Jersey federal and state courts and various governmental agencies, including Departments of Licenses & Inspections, historical commissions, zoning boards, civic associations and other city and township departments and boards. Mr. Whalen was selected to “Rising Stars” for the years 2013 through 2019—an exclusive list of

top-rated attorneys in specific practice areas who were chosen after a thorough evaluation of numerous criteria.

Gilda L. Kramer, Esq. (Ward 13): Ms. Kramer is an experienced attorney with her firm, Gilda L. Kramer & Associates, LLC. Her practice includes commercial, employment, personal injury and real estate litigation. Gilda is a graduate of Swarthmore College and the University of Virginia School of Law. Before opening her own law firm, Gilda served as a Deputy City Solicitor in the City of Philadelphia Law Department and practiced in two major law firms. She has held leadership roles in professional organizations, including the Philadelphia Bar Association, and has served on the boards of non-profit organizations. Gilda and her husband, Sam Adenbaum, have lived in Ward 13 for 25 years and are long-time members of the Neighborhood Club of Bala Cynwyd and supporters of the Friends of the Cynwyd Heritage Trail. Their sons, Jacob and Ben, attended Lower Merion public schools and now are pursuing PhDs in economics and mathematics, respectively.



David McComb, Esq. (Ward 9): Mr. McComb is a former Assistant United States Attorney and has over 30 years of experience specializing in employment and commercial litigation matters. He is a partner in the Philadelphia law firm, Zarwin Baum DeVito Kaplan Schaer & Toddy, P.C. A 1978 graduate of Vanderbilt University, Mr. McComb graduated from the University of Pittsburgh School of Law in 1981. Mr. McComb and his wife, Francie, have long been involved in Lower Merion civic affairs and youth swimming. In addition, Mr. McComb has served for seven years on the Township’s Shade Tree Commission. He and Francie are the parents of three

children—Maddie, Sam and Jack—all of whom are proud graduates of Lower Merion High School.



Lower Merion Township Newsletter

Winter 2020

The Lower Merion Township Newsletter is published for the residents of the Township of Lower Merion and is designed to keep residents informed about Township activities, policies and services.

Your comments and suggestions are invited:

Thomas J. Walsh, Public Information Officer

Township of Lower Merion

75 E. Lancaster Avenue

Ardmore, PA 19003-2323

Email: twalsh@lowermerion.org

Phone: (610) 645-6199

Board of Commissioners:

Daniel S. Bernheim, Esq.

Gladwyne, Merion Park, Penn Valley and Wynnewood, Ward 1

Joshua L. Grimes, Esq.

Gladwyne and Penn Valley, Ward 2

Michael F. McKeon, Esq.

Belmont Hills, Penn Valley and Bala Cynwyd, Ward 3

Anthony C. Stevenson

Ardmore and Haverford, Ward 4

Ray A. Courtney

North Ardmore and Wynnewood, Ward 5

Andrew S. Gavrin

Rosemont and Villanova, Ward 6

Sean P. Whalen

Wynnewood, Ward 7

Anna Durbin

South Wynnewood and East Ardmore, Ward 8

David McComb, Esq.

Bala Cynwyd, Ward 9

V. Scott Zelov

Bryn Mawr, Gladwyne and Haverford, Ward 10

Tiffany O’Neill

Bryn Mawr, Gladwyne and Rosemont, Ward 11

Todd M. Sinai

Merion, Ward 12

Gilda L. Kramer, Esq.

Cynwyd and Merion Park, Ward 13

Rick Churchill

Penn Wynne and Wynnewood, Ward 14



A Note from the Lower Merion Fire Department

The cold, short days of Winter are upon us and the members of the Lower Merion Fire Department hope that you have had a warm and pleasant holiday season with family and friends.

A great deal has been keeping the Lower Merion Fire Department Office busy over the past few months, including the launch of our new Lower Merion Fire Department Facebook page! The intent of this page is to promote the wonderful services provided by the Fire Department Office and by all of the Fire Companies serving the Township, as well as informing residents of upcoming events. Please look for and 'like' our page!



Spearheading our new social media initiative is the Lower Merion Fire Department's newest member, **Deputy Fire Marshal John R. Waters, II**. John joins the department with over 19 years of experience as a volunteer firefighter. He is proficient in fire protection project management and within the haz-mat specialty. We are happy to have John aboard!

John will also be organizing a **Youth Firefighter Camp** for children between the ages of 6 and 14, to be offered this summer through Lower Merion Township's Parks and Recreation Department. Have a youngster with an interest in firefighting? This program will provide a peek into the roles and responsibilities of an LMFDF firefighter and will offer insights into the world of fire safety and prevention. Please visit www.lowermerionrec.com to register.

Here are a few things to remember to keep you safe while staying warm through the remainder of the cold winter months:

- If you are using an auxiliary (portable) heater in your home, be sure that it is sufficient distance from any combustible materials that could ignite. Additionally, portable heaters should be plugged directly into an outlet. Extension cords should NEVER be used with heaters!
- If you will be using a wood stove or fireplace, the wood should be properly seasoned (cut and split for a minimum of six months prior to use). Chimneys should be cleaned regularly.
- Lower Merion Township Code requires that all hydrants be kept clear of snow and accessible for emergency responders.

For additional fire safety information or to schedule a home safety inspection, please contact the Fire Department Office, at 610-645-6190.

More than 500 Turn Out for 'Crawdads'

This year's "One Book One Lower Merion" author event was an unqualified success. Held on Sunday afternoon, November 10th, demand was so great to hear **Delia Owens** - author of this year's One Book selection, "*Where the Crawdads Sing*" - that the venue had to be changed from its normal spot in the Township building to a hall within Temple Beth Hillel-Beth El in Wynnewood. It was also the first year that tickets were required. Ms. Owens gave much more than a standard "reading" from her multi-millions selling novel. She spoke to where the story came from in her long career as a naturalist, from her childhood, and how the characters reflect the times we live in. She also confirmed that the book will be made into a film, to be produced by fellow Southerner Reese Witherspoon. Afterward, she signed copies of her book. Congratulations to the One Book One Lower Merion team, chaired by **Lenore Forsted**, on an outstanding lineup of events this past Fall centered on a truly special novel.



Volunteer Opportunity!

Help the Township Mark Storm Drains!

Do you have a school group or scout troop that is interested in volunteering to protect water quality in Lower Merion Township? If so, please consider volunteering to help mark storm drains in the Township! With over 4,000 inlets, our goal is to install these markers on every inlet.



Have you ever wondered what these inlets are for and where they go? The inlets take rainwater that falls onto roads, parking lots, driveways, lawns and other surfaces and deposit it directly into our streams. As the rainwater flows across these surfaces it picks up pollutants and deposits them directly into the water. Examples of pollutants include oil that drips from vehicles, chemicals from lawns and salt from roads. The markers educate people to not deposit anything into the inlet such as trash, dog waste or chemicals.

If you are interested in volunteering for a spring project, please contact **Andrea Campisi** of our Building and Planning Department at acampisi@lowermerion.org.

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Township Business Tax Info, 2020 Deadlines

All businesses operating in the Township must apply for and maintain a current Township business license/registration. The annual fee for this is \$20. In addition, businesses are subject to business privilege and mercantile taxes on any gross receipts allocable or attributable to the Township. Annual Township tax returns need to be filed and are due the same day as your federal tax return. Rental properties are considered a taxable business activity under the Township's ordinance.

Businesses with employees, partners, S corporation shareholders and self-employed individuals are also required to file Local Services Tax (LST) returns with the Township. The LST is a \$52 per person/per year tax imposed on anyone working or generating net profits within the Township. Employers are responsible for withholding the tax from employees and remitting it to the Township quarterly. Self-employed individuals and business owners must pay their own LST in the first quarter.

If you need to register your business with the Township or find tax forms and more information about Township business taxes, please visit the Township website www.lowermerion.org. From the home page select the "I want to" tab and then "Business/Mercantile Tax Forms" to be taken to the correct page.

IMPORTANT DATES

Mid-January 2020	2019 Business Tax Forms and 2020 LST forms are mailed
January 31, 2020	4th Quarter 2019 LST returns due
April 15, 2020	Township 2019 Business Privilege/Mercantile Tax Returns Due; Township Extension requests due
April 30, 2020	1st Quarter 2020 LST returns due
Mid-June 2020	Annual Township Delinquent Notices are mailed
July 31, 2020	2nd Quarter 2020 LST returns due
October 15, 2020	Due date for Township Tax Returns with approved extensions
October 31, 2020	3rd Quarter 2020 LST returns due
Mid-November 2020	2020 License renewal invoices are mailed

Send a Text. Save the Planet.

Recycle unwanted clothing & electronics right from your door

On this America Recycles Day, join the thousands of your neighbors who have already recycled their unwanted clothing and electronics with **retrievr** (formerly Curb My Clutter). Lower Merion is proud to bring you this convenient service that collects your items right from your doorstep and recycles them for you.

Collection is free for all clothing and small electronics.



It's easy to get started. Simply visit retrievr.com or text **PICKUP** to **757-70-FETCH**

1



Tell us what you're recycling

2



Pick a date for your pickup

3



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A Note on Trash Fees & Can Sizes

Trash collection in Lower Merion is designed to incentivize customers to produce less trash. Annual trash fees are set by subscribing to a number of cans that correspond to the amount of solid waste produced at the home. Fees increase with additional cans, as more trash is produced. Since this structure is relatively unique in this area, the following is a reminder of the container size requirements.

Please see the images below to determine your can size and corresponding subscription. This is only a sample of the most prevalent cans. If your container is not shown, it is acceptable as long as it is durable, watertight and made of galvanized metal or plastic. Most containers indicate gallonage on the lid, side, or bottom of the can. Images are not to scale.

Oversized containers that do not comply with the limit of 48 gallons may be automatically upgraded and billed for additional container(s) upon the first violation. Mini-can subscriptions found to have a container exceeding the 20 gallon capacity limit may also be upgraded and billed on the first violation.

Please note, can capacity determines the fee, regardless of whether the can is full.



Solid Waste Collection Information

Please see the images below to determine your can size and corresponding subscription. This is only a sample of the most prevalent cans. If your container is not shown, it is acceptable as long as it is durable, watertight and made of galvanized metal or plastic. Most containers indicate gallonage on the lid, side, or bottom of the can. Images are not to scale.

Detailed images available at www.lowermerion.org/Refuse



Oversized containers that do not comply with the limit of 48 gallons will be automatically upgraded and billed for additional container(s) upon the first violation. Mini-can subscriptions found to have a container exceeding the 20 gallon capacity limit will also be upgraded and billed on the first violation.



Star Lights, Star Bright

New holiday lighting in the form of street snowflakes was installed in the Bryn Mawr and Haverford sections of the Township in early November. The Bryn Mawr Business Association purchased 92 new sets of LED lighting this year for the Bryn Mawr commercial area. The new lighting is not only brighter but uses much less electricity and is more energy efficient. The Haverford Civic Association pays for the installation and maintenance for their portion of Lancaster Avenue.



Public Garage at One Ardmore on Cricket Open with 4-hour Meters

The public parking garage at the One Ardmore building on Cricket Avenue in Ardmore—open since last Spring—features 4-hour time limits at kiosks and for those who use the Parkmobile app.

The entry into the new garage is located on Haws Terrace, accessed from Cricket Avenue directly across from Cricket Terrace (and behind existing Lancaster Avenue retail stores).

Enforcement / paid hours are Monday through Saturday, 8 a.m. to 6 p.m., and free on Sundays. Payment is via six kiosks (two on each floor of the garage), located near the elevator entrances and the rear stairwells. The kiosk technology is “pay-by-plate,” meaning those who park there will enter their license plate number into the kiosk.



Payment methods at the kiosk are by credit card (minimum charge \$1.25), coins (nickel, dimes, quarters, dollar coins), \$1 bills, and Parkmobile smart-phone payments (40 cents per transaction). The kiosk will print out a receipt, but it is not necessary to place the receipt on the dashboard.

Kiosks do not provide change. There are three zones in the garage—one for each level—for Parkmobile payments (made through smartphones and not the kiosks). The parking rate is 50 cents per hour. The EZ Park Smart Card is not accepted at these kiosks.

2020 CENSUS JOBS

Earn extra income while helping your community - go to 2020census/jobs.

The U.S. Census Bureau is recruiting to fill hundreds of thousands of positions across the country to assist with the 2020 Census count.

Why Apply?

Earn Extra Money

Could you use a little extra income? Jobs for the 2020 Census offer competitive wages that are paid weekly. Authorized expenses, such as mileage, are reimbursed for employees doing fieldwork.

Support Your Community

Decennial census data are used to determine your representation in Congress, as well as how funds are spent for roads, schools, hospitals, and more. Help ensure that everyone in your community is counted in the next decennial census.

Fit Your Schedule

Temporary positions for the 2020 Census feature flexible hours—a perfect fit if you are looking to earn a little extra money, even if you already have other commitments.

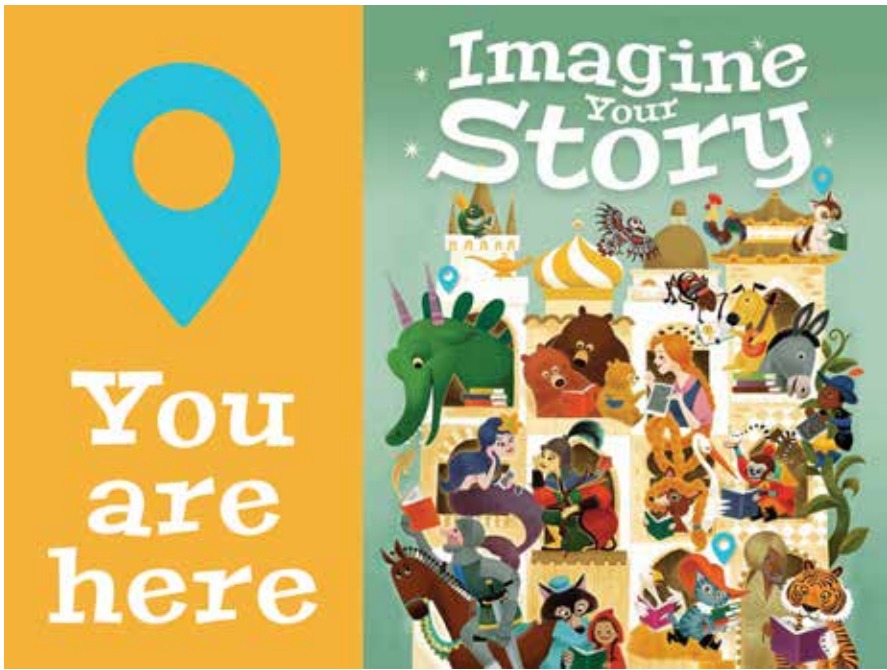
Be a Part of History

Every 10 years since 1790, the United States has undertaken the momentous task of counting all of its residents. This is your chance to play a role





News From Our Libraries



Summer Learning

Join Lower Merion Libraries for Summer Learning 2020. Participants will be encouraged to **Imagine Their Story** through reading, fun activities and learning opportunities. Look for more information later this Spring. This program is supported by Educational Improvement Tax Credit grants from Universal Health Services (UHS) and First Resource Bank.

Strong libraries help communities thrive – Your business can help

Public libraries are a great American institution. They provide a form of civic engagement and social infrastructure that make our communities stronger. In addition, our six Lower Merion Libraries offer area businesses, entrepreneurs, and job-seekers a wealth of business-related resources at no cost to them, including databases, digital magazines and newspapers, and reference services, to mention a few.

Corporate philanthropy has been an important source of support in the growth of libraries in the United States. We are fortunate that Pennsylvania encourages corporate investment in non-profits like our libraries through the **Educational Improvement Tax Credit (EITC)** program which provides businesses with a direct state tax credit, not simply a deduction, for supporting Educational Improvement Organizations.

	2019	2014-18 Average	2019 Increase
Summer Learning Participants	1,694	1323	28%
Events	369	239	55%
Attendance	10,419	7,390	41%

Last year, the Lower Merion Library Foundation was approved as an Educational Improvement Organization. Thanks to generous donations from **Universal Health Services, Inc.** and **First Resource Bank** through the EITC program, we were able to fund our two approved programs—Summer Learning and Coding Classes for Teens.

With this additional investment, our 2019 Summer Learning programs showed remarkable gains. Coding Classes are being offered this winter. *We are pleased and grateful to announce that both **Universal Health Services, Inc.** and **First Resource Bank** have renewed their generous support for the children and youth of our community by once again making EITC donations to the Lower Merion Library Foundation to run these programs in 2020.*

The EITC offers businesses in the Commonwealth a means to give back to non-profit organizations. Up to 75% of a one-year donation can qualify as a tax credit; for a two-year commitment, the tax credit is up to 90%. Tax credits may be applied against the tax liability of a business for the tax year in which the contribution was made. The application timing is important since the online applications are processed on a first-come, first-served basis. Business Application Timeline:

- May 15 – Business applicants who have fulfilled their 2-year commitment and wish to reapply in FY 19/20 to renew their 2-year commitment.
- May 15 – Businesses who are in the middle of their 2-year commitment.
- July 1 – All other businesses including initial applicants and those applicants wishing to submit an additional application on top of their previously submitted 2-year commitment.

Visit <https://dced.pa.gov/programs/educational-improvement-tax-credit-program-eitc/> for more information on the EITC. In addition, there are many ways businesses can work with us to strengthen our non-profit local libraries. There are multiple opportunities for corporate sponsorship for fundraising events and underwriting community programs such as guest speakers and concerts. To discuss how you can partner with the Foundation to support our libraries, please contact David Belanger, Director of Libraries at (610) 645-6110.



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News From Our Libraries

DIY Repairs on Cars and Small Engines

Lower Merion Library System is happy to announce that Auto Repair Source™ and Small Engine Repair Reference Center™ are now included in the POWER Library. From the comfort of home, library patrons can click the link to these free online resources by visiting the LMLS web page <https://www.lmls.org/e-library/online-resources/>. (Find them in alphabetical order.) They're free for patrons with a Montgomery County library card.



Auto Repair Source, a PA state resource by EBSCO from the experts at MOTOR, gets its content comes from the Original Equipment Manufacturers (OEM). Patrons will find the most accurate and recent service and repair information for thousands of US and imported vehicles. It can help users diagnose, repair and maintain their vehicles. Don't wonder if you are getting a good deal from your mechanic. Use this e-resource to validate the cost of repairs and identify all iterations of a part number or status. Diagrams, schedules, estimated labor times, trouble codes and specifications can help today's car owner be a smart consumer.



Small Engine Repair Reference Center is another free e-resource for library patrons. It can help you do engine repair yourself. Use it for both routine maintenance and complex projects. An intelligent search interface helps users search by product type, brand, model and more. All types of small engine repair guides cover dozens of engine types including motorcycles, lawnmowers, chain saws and more. Want to do it yourself? For a simple tune-up or complex transmission disassembly, find help with your library card and these free tools.

Ardmore Library Poetry Contest

The Ardmore Free Library is proud to announce the Fifteenth Annual Charlotte Miller Simon Poetry Contest!




The contest is held in memory of Charlotte Miller Simon, a poetry lover and longtime patron of the Ardmore Library, and is made possible by a generous endowment from Jonathan and Christina Miller.


Entries are accepted in three divisions; the children's division (6-12 years old), the teen division (13-17 years old), and the adult division. Cash prizes are awarded in all divisions and winners will be celebrated at an award ceremony on March 15, 2020. Winning poets will read aloud their poems at this celebration, and their poems will appear in a printed pamphlet. A plaque at the library also recognizes each year's winners.

The deadline for submission of poems is Friday, January 24, 2020. Additional information and the registration forms can be downloaded at www.lmls.org.

Sundays @ 2 Concert
SERIES



Sunday, March 8th, 2020



The Sylvia Glickman Memorial Concert

"David's Harp"

This Philadelphia-based ensemble will present an exciting concert of Sephardic music from Turkey, Greece, and North Africa. With a program of rollicking Ladino folk tunes and soulful ballads on themes of Jewish ritual, love, and domestic life, the performers will demonstrate the fluidity and blending of diverse musical ideas between Jewish and non-Jewish worlds.

Concert takes place at Levering Mill Tribute House - 382 Bala Avenue
(Formerly The Women's Club of Bala Cynwyd)

Free Admission - Concert @ 2pm

BALA CYNWYD LIBRARY
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15TH ANNUAL KITCHEN TOUR

April 26, 2020 from 1 PM - 4 PM

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Company: Lower Merion is Pennsylvania's 5th Safest Location

Lower Merion Township is ranked as 5th in the 2019 Pennsylvania "Safest Cities" report by the web site BackgroundChecks.org.

The company gives each of Pennsylvania's municipalities with a population over 10,000 a score on its Safety Index, which factors in FBI crime data as well as law enforcement employee numbers, it said in a press release. Seven Pennsylvania locales earned a score of 0.6 or higher on the Safety Index, including Lower Merion (0.63), placing it among the safest places in the country.

The Commonwealth's safest town, according to the report, is Munhall, a borough in Allegheny County. Nearby Willistown and Whitemarsh townships placed second and third, respectively, with Whitehall coming in fourth.

The report singled out Lower Merion, Cecil, and Horsham townships as communities that "truly distinguished themselves as extremely safe places to live, with each recording violent crime rates a small fraction of the nationwide average."

BackgroundChecks.org explained that after filtering out municipalities with populations less than 10,000, it examined a total of 2,929 Pennsylvania towns and townships.



More 'Bigbelly' Trash, Recycling Containers Installed in Ardmore

In October, crews from Lower Merion's Public Works Department installed nine sets of new, environmentally friendly "Bigbelly" side-by-side trash and recycling containers in downtown Ardmore.

The enclosed smart containers compact trash automatically, are solar-powered, and are equipped with sensors that electronically notify Public Works when it is time for them to be emptied—saving money long-term on labor and fuel costs.

Ardmore is the second Lower Merion location for the new Bigbellys—others were installed in Bryn Mawr earlier in 2019. Plans to install more in additional Township shopping and restaurant districts are planned for 2020.

The Bigbelly containers streamline operations for trash and recycling crews, and cut down on trash that would occasionally spill out of the traditional public street cans. They are positioned in the places in the public right-of-way where they are needed most, keeping the community clean.

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Lower Merion Township 2020 Recycling Schedule & Township Holidays

RECYCLING Week "A"

MONTH	WEEK BEGINNING
January	13th, 27th
February	10th, 24th
March	9th, 23rd
April	6th, 20th
May	4th, 18th
June	1st, 15th, 29th
July	13th, 27th
August	10th, 24th
September	7th, 21st
October	5th, 19th
November	2nd, 16th, 30th
December	14th, 28th

RECYCLING Week "B"

MONTH	WEEK BEGINNING
January	6th, 20th
February	3rd, 17th
March	2nd, 16th, 30th
April	13th, 27th
May	11th, 25th
June	8th, 22nd
July	6th, 20th
August	3rd, 17th, 31st
September	14th, 28th
October	12th, 26th
November	9th, 23rd
December	7th, 21st

Cleanup Weekends

Koegel Public Works Complex

- Saturday, April 18 & Sunday, April 19, 2020
9 a.m.—4 p.m.
- Saturday, May 2 & Sunday, May 3, 2020
9 a.m.—4 p.m.
- Saturday, October 17 & Sunday, October 18, 2020
9 a.m.—4 p.m.

Please do not bring Household Hazardous Waste (HHW) to the Cleanup Weekend, including TVs.

A Montgomery County HHW collection in Lower Merion will be held **October 25, 2020, 9 a.m.-3 p.m.**

(NO ELECTRONICS will be accepted.)

Check www.LowerMerion.org or www.facebook.com/LowerMerionTownship for updates and additional special collections.

Holidays

NO REFUSE OR RECYCLING COLLECTION WILL TAKE PLACE ON:

- New Year's Day**
Wednesday, January 1, 2020
- Dr. Martin Luther King, Jr. Day**
Monday, January 20, 2020
- Memorial Day**
Monday, May 25, 2020
- Independence Day (observed)**
Friday, July 3, 2020
- Labor Day**
Monday, September 7, 2020
- Thanksgiving Day**
Thursday, November 26, 2020
- Christmas Day**
Friday, December 25, 2020



Township of Lower Merion Parks & Recreation RECREATION INFORMATION WINTER, SPRING, and SUMMER 2020

Lower Merion Township offers a variety of programs, for both children and adults, year-round. Basketball and Tennis Clinics, Viva Community Fitness Pilates, Steel Soccer Clinics and Classes, Soccer Shots and HappyFeet Programs, Shining Knights Chess Club, Young Rembrandts Art Classes, Engineering for Kids Classes, Mad Science Workshops, Young Sports Classes, Bricks 4 Kidz Classes, Kitchen Wizards Cooking Classes and much, much more.

Please visit our website www.lowermerionrec.com for a current schedule of programs and classes.

If you do not have on-line access, no need to worry. You can still mail or walk-in to register for programs and pool memberships.

REGISTRATION INFORMATION



You will be considered registered for a program only after the proper forms and fees are received. Payment is due at the time of registration. Checks should be made payable to **“Treasurer, Lower Merion Township”**. Registrations without accompanying fees will NOT be processed. Non-residents (including Narberth Borough) will have a higher registration fee.

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our programs need a minimum number of participants to run, so a program may be cancelled if there are not enough registrants. Minimum number must be reached at least one week prior to the start of the program. Please note, Winter registration is open, Spring and Summer registration will begin February 1 for Lower Merion Residents (February 15 for Non-Residents).

ON-LINE REGISTRATION

The Parks and Recreation Department uses a software system for our Membership and Program Registration. This program enables participants to view programs offered and register on-line (convenience fees may apply). If you have on-line access, please visit www.lowermerionrec.com to create or log in to your account.

MAIL-IN/WALK-IN REGISTRATION

Registration forms can be mailed in or dropped off to our office, located in the Township Administration Building. Envelopes should be addressed as follows:

Lower Merion Township – Parks and Recreation

75 E Lancaster Ave

Ardmore PA 19003

Please note registrations will be processed as received.

CANCELLATION, REGISTRATION AND REFUND POLICY

Please review the policies on-line prior to registering for a program.



PHOTO POLICY

On occasion, we may take photos or video of individuals enrolled in programs or using Township facilities. Please be aware that these images are for Township use and may be used in future promotional materials.

**New program idea? Let us know! We are always looking for new programs to offer our residents.
Email recreation@lowermerion.org or give us a call 610.645.6220.**





What is health care if it's not human?

At Main Line Health, you're more than a patient; you're our neighbor. Which makes treating you the most honorable thing we'll ever do.

Be seen.



Lankenau Medical Center | Bryn Mawr Hospital | Paoli Hospital | Riddle Hospital
Bryn Mawr Rehab Hospital | Mirmont Treatment Center
HomeCare & Hospice | Lankenau Institute for Medical Research

mainlinehealth.org/beseen

WINTER PROGRAMS

LOWER MERION TOWNSHIP BASKETBALL

Learn and practice the basic skills of basketball and enjoy skill related games each session.

Location: Bala Gym, Bala & Union Avenues

Days: Saturdays

January 11 – February 1 (4)

February 22 – March 14 (4)

Session 1: 10:00 – 10:45am Ages 4 – 5

Session 4: 10:00 – 10:45am

Session 2: 11:00 – 11:45am Ages 6 – 8

Session 5: 11:00 – 11:45am

Session 3: Noon – 12:45pm Ages 6 – 8

Session 6: Noon – 12:45pm

Fee: Per Session Resident/\$100

Non-Resident/\$110

Group Limit: 16 Participants

**UK ELITE SOCCER**

Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community. UK Elite offers a variety of programs in and around Lower Merion Township.

Please visit their website for a list of current class schedules. To register for any UK Elite Program, please visit www.ukelite.com

UK Elite – Petite Soccer Clinic – Winter (Indoors) – Ages 3 – 6 yrs

This program is designed to allow every child the chance for maximum development and enjoyment. Each child will enjoy learning the fundamentals of soccer.

Location: Bala Gym, Bala & Union Avenues

Winter Session: January 13 – February 14 (6)

Winter 2 Session: February 24 – March 31 (6)

Days: Mondays 1:00 – 2:00pm

Tuesdays 10:00 – 1:00pm

Fee: Per Session Resident/\$140

Non-Resident/\$150

**UK Elite – Technical Program – Winter (Indoors) – Ages 5 – 16 yrs**

Technical Training Programs are intense training blocks designed to make you a better individual player.

Location: Bala Gym, Bala & Union Avenues

Time: 1 Hour Time Slot

Winter Session: Wednesdays January 15 – March 4 (8)

5:00 – 6:00pm 6:00 – 7:00pm 7:00 – 8:00pm 8:00 – 9:00pm

Fee: Per Session Resident/\$180

Non-Resident/\$190

SOCCER SHOTS

Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games.

Visit us at www.soccershots.org to learn more.

Location: Bala Gym, Bala & Union Avenues

**Minis – Ages 2 – 3 Years**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. (Parents accompany children on field)

Winter Indoor Session 1: Wednesdays 3:00 – 3:30pm January 15 – February 19 (6)

Winter Indoor Session 2: Thursdays 9:15 – 9:45am January 16 – February 20 (6)

Fees Per Session: Resident/\$99

Non-Resident/\$119

Classic/Premier – Ages 3 – 5 Years

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Winter Indoor Session 1: Wednesdays 3:40 – 4:20pm January 15 – February 19 (6)

Winter Indoor Session 2: Thursdays 9:55 – 10:35am January 16 – February 20 (6)

Fees Per Session: Resident/\$99

Non-Resident/\$119

HAPPYFEET

HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. The HappyFeet curriculum is designed to gradually develop ever more advanced physical skills and self-belief. To make sure every child has a positive experience, HappyFeet classes are non-competitive. We use fun techniques to develop muscle memory towards the training of dynamic dribbling and shooting skills. To register or for more information, please visit <http://www.philadelphia-happyfeet.com/>

**HappyFeet – (Ages 3 – 5)**

During this stage your child will flourish within our imagination based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice!

Location: Bala Gym, Bala & Union Avenues

Winter: January 17 – February 28 (7)

Day/Time: Fridays 10:30 – 11:30am

Session Fee: Resident/\$139 Non-Resident/\$144

Group Limit: 18 participants

DAVID BROIDA – WINTER INDOOR TENNIS

Learn the fundamentals of the sport, including forehand, backhand, serve & volley, as well as basic offensive & defensive strategy. Instruction will be provided for Beg. & Int. players, as well as training for middle & high school tennis team members. For more information, contact David Broida – dbroida@gmail.com or (610) 864-4303.

Location: Radnor Racquet Club, 175 King of Prussia Road, Radnor, PA 19087

Ages: 4 – 18 yrs & Adults

Dates: Sundays, January 12 – March 22 (10) No Class Feb 16

Session 6: 3:00 – 4:00pm Beginner and Advanced Beginner

Session 7: 4:00 – 5:00pm Beginner and Advanced Beginner

Session 8: 5:00 – 6:00pm Advanced Beginner & Intermediate

Session 9: 6:00 – 7:00pm Advanced Beginner & Intermediate

Session 10: 7:00 – 8:00pm Adult & Teen – All Levels

Fee: Per Session Resident/\$195 Non-Resident/\$225

**DYNAMIC VOLLEYBALL ACADEMY**

Dynamic Volleyball Academy is designed specifically for the beginning male or female volleyball player. This program includes age-appropriate instruction, focusing on motor skills, ball skills, game skills and most importantly, fun!

Location: Baldwin School, 701 Montgomery Avenue, Bryn Mawr

Winter Session: January 9 – February 13 (6)

Days/Times: Thursdays 7:00 – 8:00pm

Ages: 8 – 14 years

Fee: Resident/\$140 Non-Resident/\$150

**CHESS CLUB – Ages 4 – 14 Years**

Knights, captures, action! Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments, and want to sharpen your skills, come to a Shining Knights Chess Club! We have trained numerous state champions and national trophy winner. We have trained even more kids to enjoy the game that they can spend hours playing with friends and family. So, whether you want to win games in your living room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess! More information can be found at www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Day/Time: Tuesdays 5:30 – 6:30pm

Winter Session: January 7 – March 10 (10)

Session Fee: Resident/\$144 Non-Resident/\$170

Group Limit: 30 Students

**ENGINEERING FOR KIDS**

At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary!

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

**Weekend Workshops – Jr Electronic Game design: Space – Ages 4 – 7**

Embark on fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure, and be inspired to explore the universe of programming as a Space Pioneer.

Day/Time: Sundays 1:00 – 2:30pm

Winter Session: January 12, 19, 26, February 2 (4)

Fee: Resident/\$120 Non-Resident/\$140

Weekend Workshops – App Electronic Game Design: Pizza Delivery – Ages 8 – 12

Papa's Pizzeria is the busiest it has ever been. In Electronic Game Design: Pizza Delivery, we will create our own version of a platform game that will require players to collect ingredients, make pizza and serve all of the hungry customers. We will use the Engineering Design Process to create a storyboard to outline the rules of play and characters for our game. Then, we will use Clickteam Fusion 2.5® to bring our storyboard to life with programming. At the end of the class, everyone takes home a working Windows-compatible game.

Day/Time: Sundays 2:45 – 4:45pm

Winter Session: January 12, 19, 26, February 2 (4)

Fee: Resident/\$160 Non-Resident/\$180

Weekend Workshops – Jr Environmental Engineering – Ages 4 – 7

Are you ready to get down and dirty searching for solutions to some of our biggest environmental problems? In Junior Environmental, students ponder some truly "hot" environmental issues. Students in this class save endangered animals, help plants grow and create protection from the sun's heat. By investigating natural process like erosion, animal adaptations, and plant growth; we discover ways that we as engineers can be inspired by the world around us to take on all sorts of challenges.

Day/Time: Saturdays 10:30 – Noon

Winter 2 Session: February 22, 29, March 7, 14 (4)

Fee: Resident/\$120 Non-Resident/\$140

WINTER PROGRAMS

Weekend Workshops – App Environmental Engineering – Ages 8 – 12

During the Environmental Engineering classes, students use the Engineering Design Process to design, create, test, and refine basic solutions related to alternative energy and environmental issues. They learn principles behind crafting efficient wind-powered machines and discover how those machines can be used to help reduce the use of fossil fuels. During the culminating project, students test different materials to discover which ones most effectively clean up after an oil spill.

Day/Time: Saturdays 12:30 – 2:30pm

Winter 2 Session: February 22, 29, March 7, 14 (4)

Fee: Resident/\$160 Non-Resident/\$180

YOUNG REMBRANDTS – Under New Management! – Brand New Lessons!

Our innovative, step-by-step curriculum and engaging subject matter will show your child that drawing can be fun and interesting! During our classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Your child will enjoy ALL NEW LESSONS each week!

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue



Drawing and Cartooning – Winter 1

Start 2020 off with a bang! Young Rembrandts students will flex their creative muscle as they take on artistic challenges like our Winter Birdhouses and Sporty Snowboarder lesson in January. In February, students will master perspective and personality as they complete a challenging Palm Tree Scene, cute Penguins and their own version of Grant Wood’s American Gothic. Your child is sure to be giggling all season long as they explore the fun, artistic world of Young Rembrandts cartooning! Funny expressions and hilarious animals are just a few pieces students will create in the months of January and February. All supplies included!

Day/Time: Saturdays 10:00 – 11:00am

Dates: January 11 – February 15 (6)

Session Fee: Resident/\$96 Non-Resident/\$120

Parent and Child Pastel Class – Winter 1: Animals of Africa

Students and parents/caregivers will find themselves captivated by exotic African beasts. Our “Animals of Africa” Pastel Drawing Workshop offers challenging lessons- an antelope showcased within a mélange of patterns, a stylized zebra with a creative color palette and a regal lion. Participants will learn about some of Africa’s most majestic animals as they illustrate them using pastel chalks. One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

Day/Time: Saturdays 11:15am – 12:45pm

Dates: January 11 – February 15 (6)

Session Fee: Resident/\$150 Non-Resident/\$170

Drawing and Cartooning – Winter 2

Get ready for a mix of elegance and graphic style drawings as Young Rembrandts students complete a Graceful Swan and Line Art Owl. Our March lessons are sure to delight kids and parents when students complete Goofy Chefs and our hilarious Cartoon Dads. There’s no better way to shake the winter blues. All supplies included. Sign up today!

Day/Time: Saturdays 10:00 – 11:00am

Dates: February 29 – April 4 (6)

Session Fee: Resident/\$96 Non-Resident/\$120

Parent and Child Pastel Class – Winter 2: Colorful Critters

Animal lovers rejoice; an all new - all pastel workshop is here! Students will learn pastel drawing and texturing techniques to illustrate whimsical bees, a fanciful army of frogs, a striking owl and more artistic critters filled with detail. Challenge your creative kids by introducing them to the world of pastels- enroll them now! One adult per student may join the class each week (it can be a different adult every week if mom/dad/grandma want to try our classes). No experience is necessary. Please wear an old shirt or smock to each day of class. All supplies included. Each drawing may be completed over the course of 2 sessions depending on difficulty.

Day/Time: Saturdays 11:15am – 12:45pm

Dates: February 29 – April 4 (6)

Session Fee: Resident/\$150 Non-Resident/\$170

UPCOMING TRAININGS/WORKSHOPS

Tri-State Training has been named as the best training and Safety Company every year since its inception (2010) by various publications including several local newspapers. We are proudly accredited with the following organizations: American Heart Association (AHA), American Red Cross (ARC), American Safety and Health Institute (ASHI), COSTARS, Pennsylvania Department of Health (PA DOH), Pennsylvania Keystone Stars (PA KEYS), Volunteer Firemen’s Insurance Services (VFIS).



CLASSES ARE SCHEDULED ON AN AS NEEDED BASIS

American Safety and Health Institute (ASHI), Child and Babysitting Certification (5 hours)

American Heart Association (AHA) HeartSaver CPR/AED (3 hours)

American Heart Association (AHA) HeartSaver CPR/AED/First Aid (5 hours)

If interested, please contact Tri State Training 1.866.503.3430 or info@tristatetraining.com

For more information, please visit www.tristatetrainingllc.com

LIFEGUARD CERTIFICATION COURSE – FULL CERTIFICATION

This basic American Red Cross lifeguard certification program teaches participants advanced rescue techniques, water safety, accident management and preventative lifeguard skills.

Prerequisites: Must be at least 15 years old and able to complete a standard swim test. (Swim Test: Swim 300 yards continuously, tread water for 3 minutes and dive to 9 feet). Participant must pass skills screening which is required at the first session. Red Cross Standard First Aid, CPR and AED certifications are included in this course.

Course Fees Include: American Red Cross Lifeguarding textbook, CPR pocket mask, Lifeguarding, First Aid, AED/CPR Certification cards. Participants must attend ALL classes.



Haverford YMCA

Location: 891 N. Eagle Road, Havertown

Contact: Joanne Gooding, Advanced Aquatic Director at jgooding@philaymca.org or 610-649-0700

Date/Time: Please call for upcoming trainings

Bryn Mawr College

Location: Bern Schwartz Center, 101 North Merion Ave, Bryn Mawr

Contact: Nikki Whitlock, Aquatics Director at nwhitlock@brynmawr.edu or 610-526-7349

Date/Time: Please call for upcoming trainings

KNOW YOUR MEDICARE OPTIONS – INFORMATIONAL WORKSHOP

This seminar is suitable for those individuals that need to make decisions for open/initial enrollment period, want information to be prepared when the time comes or for those making decisions for loved ones. This 90-minute workshop will guide you in making the right choice when planning for Medicare and Medicare Advantage decisions. Presented by Steve Perlman, Independent Medicare Planning Specialist with DelVal Senior Advisors. During this free seminar you will learn:

- How Medicare works and what it covers.
- How Part “D” prescription cards work and how to pick the right one for you.
- The differences between Medicare supplements and Medicare Advantage plans.

Location: Ludington Library Auditorium, 5 S. Bryn Mawr Ave, Bryn Mawr

Workshop: February 6 May 7 August 6 November 5

Session Fee: FREE (Registration is NOT required, but encouraged. First come, first serve seating.)



ADVERTISE IN THE LOWER MERION NEWSLETTER!

NEWSLETTERS SENT OUT TO LOCAL RESIDENTS!

CALL NOW TO RESERVE YOUR SPACE!

215-538-0350

EIGHTH PAGE \$335

QUARTER PAGE \$505

HALF PAGE \$845

FULL PAGE \$1695

SPRING PROGRAMS

SOCCER SHOTS

Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. Visit us at www.soccershots.org to learn more.



Minis Ages 2 – 3 Years

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. (Parents accompany children on field)

Spring Session 1: Thursdays 5:15 – 5:45pm April 2 – May 14 (7) Ashbridge Park

Spring Session 2: Saturdays 8:45 – 9:15am March 28 – May 9 (7) South Ardmore Park

Spring Session 3: Saturdays 9:20 – 9:50am March 28 – May 9 (7) South Ardmore Park

Spring Session 4: Sundays 11:45am – 12:15pm March 29 – May 17 (7) No Class 4/12 General Wayne Park

Fees Per Session: Resident/\$116 Non-Resident/\$140

Classic Ages 3 – 5 Years

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Spring Session 1: Thursdays 5:50 – 6:30pm April 2 – May 14 (7) Ashbridge Park

Spring Session 2: Saturdays 9:20 – 10:00am March 28 – May 9 (7) South Ardmore Park

Spring Session 3: Saturdays 10:05 – 10:45am March 28 – May 9 (7) South Ardmore Park

Spring Session 4: Saturdays 10:50 – 11:30am March 28 – May 9 (7) South Ardmore Park

Spring Session 5: Sundays 12:20 – 1:00pm March 29 – May 17 (7) No Class 4/12 General Wayne Park

Fees Per Session: Resident/\$116 Non-Resident/\$140

Premier Ages 5 – 7 Years

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Spring Session 1: Saturdays 10:05 – 10:45am March 28 – May 9 (7) South Ardmore Park

Spring Session 2: Saturdays 10:50 – 11:30am March 28 – May 9 (7) South Ardmore Park

Spring Session 3: Sundays 12:20 – 1:00pm March 29 – May 17 (7) No Class 4/12 General Wayne Park

Fees Per Session: Resident/\$116 Non-Resident/\$140

DYNAMIC VOLLEYBALL ACADEMY Ages 8 – 14 Years

Dynamic Volleyball Academy is designed specifically for the beginning male or female volleyball player. This program includes age-appropriate instruction, focusing on motor skills, ball skills, game skills and most importantly, fun!

Location: Baldwin School, 701 Montgomery Avenue, Bryn Mawr

Days/Times: Thursdays 7:00 – 8:00pm

Spring Session 1: February 27 – April 2 (6)

Spring Session 2: April 16 – May 21 (6)

Fee: Resident/\$140 Non-Resident/\$150



STEEL SOCCER

Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community. Steel Soccer was formerly UK Elite Soccer. The name has changed but the Staff, Philosophy and Standards haven't changed!



Steel Futures Soccer Clinic – Spring Ages 2 – 5 Years

This program is designed to allow every child the chance for maximum development and enjoyment. Each child will enjoy learning the fundamentals of soccer.

Location: South Ardmore Park

Spring Session 1: Mondays April 6 – June 1 (8) No Class May 25 1:00 – 2:00pm Ages 3-5 yrs

Spring Session 2: Tuesdays April 7 – May 26 (8) 10:00 – 11:00am Ages 3-5 yrs

Spring Session 3: Tuesdays April 7 – May 26 (8) 10:00 – 10:45am Ages 2-3 yrs

Fee Per Session: Resident/\$140 Non-Resident/\$160

Steel Soccer – Schools Out Camp – Spring Break Ages 5 – 14 Years

Location: South Ardmore Park

Spring Break: 3 Day Option – April 6 – 8 (Monday – Wednesday)

5 Day Option – April 6 – 10 (Monday – Friday)

Times/Fees: 5 Day – Half Day 9:00am – Noon Resident/\$180 Non-Resident/\$200

5 Day – Full Day 9:00am – 3:00pm Resident/\$240 Non-Resident/\$270

3 Day – Half Day 9:00am – Noon Resident/\$125 Non-Resident/\$140

3 Day – Full Day 9:00am – 3:00pm Resident/\$180 Non-Resident/\$200

Steel Soccer – Technical Program (Indoors) Ages 5 – 14 Years

Location: Bala Gym

Days: Wednesdays March 11 – April 15 (6)

Session 1: 5:00 – 6:00pm Ages 5 – 6 years

Session 2: 6:00 – 7:00pm Ages 7 – 8 years

Session 3: 7:00 – 8:00pm Ages 9 – 10 years

Session 4: 8:00 – 9:00pm Ages 11 – 14 years

Fee Per Session: Resident/\$130 Non-Resident/\$150

DAVID BROIDA SPRING TENNIS Ages 4 – 17 Years

Instruction provided for beginner, advanced beginner and intermediate levels. Learn the fundamentals of the game, including proper grip, stance, positioning on court, serve, volley, forehand, backhand, and offensive/defensive strategy. Match play singles and doubles for intermediate players.

Location: Lower Merion High School Tennis Courts

245 E Montgomery Avenue, Ardmore (across Montgomery Ave. from school/far right corner)

Dates: Saturdays April 18 – May 30 (6) No Class 5/23

Session 1: 9:00 – 10:00am Beginner and Advanced Beginner

Session 2: 10:00 – 11:00am Advanced Beginner and Intermediate

Fee Per Session: Resident/\$95 Non-Resident/\$115

HAPPYFEET Ages 2 – 5 Years

HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. The HappyFeet curriculum is designed to gradually develop ever more advanced physical skills and self-belief. To make sure every child has a positive experience, HappyFeet classes are non-competitive. We use fun techniques to develop muscle memory towards the training of dynamic dribbling and shooting skills. To register or for a list of classes, please visit www.happyfeetphilly.com. **Group Limit:** 18 participants



HappyFeet Little Toes (Ages 2 – 3.5)

This is strictly an introduction to the game of soccer. Our goal in this age category is to develop the gross motor movements that will enhance balance and coordination while also beginning to develop the muscle movements for kicking a soccer ball. This class is 30 minutes long and is parent friendly (mom/dad & me). We strive to help your child begin their independence away from you (the parent) when they join our coaches as they sing, laugh, and take Bob on different adventures.

Spring Session 1: Fridays 11:00 – 11:30am April 10 – May 22 (7) South Ardmore Park

Spring Session 2: Sundays 11:00 – 11:30am April 5 – May 24 (7) No class 4/12 South Ardmore Park

Fee: Per Session: Resident/\$99 Non-Resident/\$109

HappyFeet (Ages 3.5 – 5)

During this stage your child will flourish within our imagination based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice!

Spring Session 1: Fridays 10:00 – 11:00am April 10 – May 22 (7) South Ardmore Park

Spring Session 2: Sundays 9:00 – 10:00am April 5 – May 24 (7) No class 4/12 South Ardmore Park

Spring Session 3: Sundays 10:00 – 11:00am April 5 – May 24 (7) No class 4/12 South Ardmore Park

Fee: Per Session Resident/\$139 Non-Resident/\$150

YOUNG SPORTS Boys and Girls Ages 3 – 6

Founded locally in 2007, these award-winning programs emphasize and inspire fun and at the same time, develop a child's gross motor activity through highly engaging activities. Our #1 goal is to give children a happy and healthy start in athletics! Participants will have the opportunity to experience Football, Baseball, Lacrosse, Soccer and "Goofy Games". For more information, please visit www.young-sports.com

Location: Gladwyne Park

Spring Session 1: April 5 – May 17 (6) No Class 4/12 Day/Time: Sundays 9:30 – 10:15am

Session Fee: Resident/\$105 Non-Resident/\$125 **Group Limit:** 24 participants



ENGINEERING FOR KIDS

At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary! Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Weekend Workshops Jr Chemical Engineering: Crazy Concoctions Ages 4 – 7 Years

The Junior Chemical Engineering classes introduce our youngest engineers to fundamental concepts of solids, liquids, and solutions. Students investigate the properties of several crazy concoctions and make their own samples of bubbles, play dough, flub, and more.

Day/Time: Sundays 1:00 – 2:30pm

Spring Session: April 5, 19, 26, May 3 (4) No Class on 4/12

Session Fee: Resident/\$120 Non-Resident/\$140 **Group Limit:** 16 participants



Weekend Workshops Apprentice Chemical Engineering: Mix it Up Ages 8 – 12 Years

During the Chemical Engineering classes, students use the Engineering Design Process to design, create, test, and refine various mixtures and solutions with different chemical properties. They develop solutions to clean up an oil spill, synthesize their own rocket fuel, and investigate the secrets behind color pigmentation.

Day/Time: Sundays 3:00 – 5:00pm

Spring Session: April 5, 19, 26, May 3 (4) No Class on 4/12

Session Fee: Resident/\$160 Non-Resident/\$180 **Group Limit:** 16 participants

Weekend Workshops Jr Industrial Engineering: Fun Factory Ages 4 – 7 Years

The Jr Industrial classes introduce our youngest engineers to fundamental concepts of simple machinery, cooperative building and the assembly line process. Through open and focused exploration, students explore and construct simple machines and use an assembly line process to produce a delicious treat!

Day/Time: Saturdays 10:30am – Noon

Spring 2 Session: May 2, 9, 16 and 23 (4)

Session Fee: Resident/\$120 Non-Resident/\$140 **Group Limit:** 16 participants

Weekend Workshops Apprentice Industrial Engineering: A-Line Production Ages 8 – 12 Years

During the Industrial Engineering classes, students use the Engineering Design Process to design, create, test, and refine efficient systems for production. Students explore foundational concepts of industrial engineering such as: assembly lines, safety, stamping, sorting and distributing materials. Students see just how fun and creative industrial engineering can be as they create their own ice cream factory and 3-D copies of designs.

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Day/Time: Saturdays 12:30 – 2:30pm

Spring 2 Session: May 2, 9, 16 and 23 (4)

Session Fee: Resident/\$160 Non-Resident/\$180 **Group Limit:** 16 participants

CHESS CLUB Ages 4 – 14 Years

Learn how to play chess from a Shining Knights chess coach! Our coaches are professional instructors and have taught thousands of children to play chess. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. All chess supplies provided. More information can be found at www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue

Day/Time: Tuesdays 5:30 – 6:30pm



SPRING PROGRAMS

Spring Session: March 24 – June 2 (10) No Class 4/28
Session Fee: Resident/\$140 Non-Resident/\$168 Group Limit: 30 Students

SPRING BREAK CHESS CAMP April 6 – 9 No Class April 10 Ages 5 – 14 Years

Spend the week playing and learning about chess from the Shining Knights chess coaches! Campers are assigned to groups by skill level, and classes are tailored to appeal to total beginners through experienced and highly-rated tournament players. Activities include learning openings, tactics and endgames, studying master games, playing games against fellow students and analyzing the students' games. Campers will take short breaks for snacks and fresh air every hour and full-day campers have lunch and recess from Noon – 1:00pm. More information can be found at www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue
Full Day: 9:00am – 4:00pm AM Half Day: 9:00am – Noon PM Half Day: 1:00 – 4:00pm
Fee: Half Day Resident/\$156 Half Day Non-Resident/\$187
 Full Day Resident/\$260 Full Day Non-Resident/\$310

ENGINEERING FOR KIDS – SPRING BREAK

At Engineering for Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary!

Spring Break April 6 – 10 Scratch Game Design Ages 8 – 12 Years

Join us for a week of designing and testing games. Control a character, build levels, and create obstacles as we learn what makes a game work, as well as what makes a game fun!

Location: Bryn Mawr Spring House, 9 S Bryn Mawr Ave
Time: 9:00am – Noon
Spring Break Fee: Resident/\$199 Non-Resident/\$238 Group Limit: 16 participants

KITCHEN WIZARDS Discover the magic of cooking, one bite at a time!

At Kitchen Wizards, we help kids and adults of all ages to discover the magic of cooking, one bite at a time, through our culinary enrichment programs! Kitchen Wizards is a division of Kathy's Just Desserts, Inc. All campers will receive a chef's hat (toque), apron, certificate of completion, and recipe booklet - as well as lots of food they help prepare!



*Please note camp will run Monday, Tuesday and Thursday 9:00am – Noon (No camp Wednesday)

April 6, 7 and 9 Eat Like the Presidents Ages 7 – 11 Years

Kitchen Wizards will take your children on a tour of some of the favorite foods of Presidents of the past.

Location: Belmont Hills Community Center, 50 Ashland Avenue, Bala Cynwyd
Time: 9:00am – Noon
Fee: Resident/\$140 Non-Resident/\$150

YOUNG REMBRANDTS (Under New Management! Brand New Lessons!)

Our innovative, step-by-step curriculum and engaging subject matter will show your child that drawing can be fun and interesting! During our classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Your child will enjoy ALL NEW LESSONS each week!



Drawing and Cartooning

It's spring time and that can mean only one thing: SPRINGTIME DRAWING WITH YOUNG REMBRANDTS! If your children are baseball fans, they will love our baseball still life lesson. Learning about warm colors and cool colors will be the focus as our artists draw a detailed exterior of a house. We'll also learn about legendary artist Edward Hopper as we recreate one of his masterpieces. Popular pets will also see the cartoon treatment as they're transformed into colorful characters. Then we will imagine ourselves traveling to far away worlds as we illustrate amazing alien beings. Finally, we'll take an imaginary trip to Japan and learn about the artistry of the kimono. Sign up for classes today!

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue
Day/Time: Saturdays 10:00 – 11:00am
Spring Session: April 18 – June 6 (8)
Session Fee: Resident/\$130 Non-Resident/\$150

Parent and Child Pastel Class: Culinary Mischief

Our domestic critters are up to no good in this five-day pastel workshop! We'll use pastels to create amazing, "can't-believe-I-drew-this" masterpieces. A mouse making soup, a dog eyeing the spaghetti and silly birds on cakes are some of the mischievously-delicious drawings students will create every day. Pastels are an amazing medium—that with good direction, can make an artist out of any rookie. You won't believe the results from this fun-for-all, skill-enhancing workshop. No experience necessary. Please wear an old shirt or smock to class each day. Enroll now!

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue
Day/Time: Saturdays 11:15am – 12:45pm
Spring Session: April 18 – June 6 (8)
Session Fee: Resident/\$200 Non-Resident/\$225

TINKERGARTEN

Spring is a perfect time to incorporate outdoor, play-based learning in your family routine and build a family culture around making memorable fun and learning happen in nature together. Our 18-36 month old classes focus on helping young explorers make the most of their outdoor classroom and benefit from the opportunity to play with and learn from children of various ages. This allows both the oldest and youngest build a foundation in capacities including imagination, creativity, focus/self control, persistence, empathy and teamwork. Parents and caregivers also learn about how children develop and how outdoor play supports this process during class and through our emails and photos. As always, siblings are most welcome to come to class together. Our passionate, expert teachers are trained to adjust activities to meet children where they are developmentally and guide them in activities that are fun, memorable and designed for learning. To register or for more information, please visit www.tinkergarten.com



Location: Merion Botanical Park
Session 1: Thursdays March 26 – May 21 no class April 9 9:30 – 10:45am
Fee: Per Session Resident/\$85 with Code Non-Resident/\$100 Group Limit: 12 participants

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SUMMER PROGRAMS

BALA CYNWYD TOT LOT – Ages 4 – 6 Years

Back again this year will be a playground program for tots and their caregivers. A caregiver must remain with the participant at all times. This will be a half-day program which will include arts and crafts, games and group activities. Please register and register early. Space is limited. This is an outdoor program, so if it rains it will be cancelled for the day. Registration Limit: 20/session

Location: Bala Cynwyd Playground
Dates: June 22 – July 31 No Program 7/3
Days/Time: Monday – Friday 9:00am – Noon
Fee: Residents/\$130 Non-Residents/\$150

PLAYGROUND ACTIVITIES CAMP – Registration is limited - Register early!

Participants will be involved in a range of activities including arts and crafts, games, group activities and special events. On occasion, optional day trips will be a part of the programming for which additional fees will be charged. In case of inclement weather, the program will be cancelled.

Ages: 6 and over (must have completed kindergarten prior to the start of the program)
Dates: June 22 – July 31 No Program July 3 and ½ Day Program on July 31
Days/Time: Monday – Friday 9:00am – 3:00pm
Locations: General Wayne Park South Ardmore Park Wynnewood Valley Park
Fees: Six Week session: Resident/\$325 Non-Resident/\$390
 Per Week: Resident/\$110 Non-Resident/\$140

LOWER MERION YOUTH SPORTS PROGRAMS – Boys and Girls – Ages 6 – 12 Years

Participants will learn the basic skills of the specific sport in a fun environment. Games will be used to develop and improve skills throughout the program.

Baseball/Softball Clinic – *Participants will need to bring their own glove.

Participants will learn the fundamental skills for baseball, including hitting, fielding, throwing, and baserunning. Camp is made to be instructional so that players can develop skills while also having a great time with friends through games, competitions, and friendly knowledgeable staff.

Date: July 20 – 24
Day/Time: Monday – Friday 9:00am – 3:00pm
Location: General Wayne Park
Fee: Residents/\$140 Non-Residents/\$160

Basketball Clinic

Participants will learn and develop the fundamental skills for basketball through games and drills.

Date: July 13 – 17
Day/Time: Monday – Friday 9:00am – 3:00pm
Location: Bala Gymnasium
Fee: Residents/\$140 Non-Residents/\$160

SPECIAL RECREATION AFTERNOON CAMP – For Children with Special Needs

Participants will spend the afternoon with Lower Merion Township staff, swimming at our Belmont Hills public pool (weather permitting). Transportation WILL NOT be provided at the end of camp. Parent pick up ONLY. In case of inclement weather, the program will be cancelled. There will be no refund or makeup for this program and any extreme cases of inclement weather (i.e. an entire week lost due to inclement weather) will be handled on an occurrence basis and a credit issued toward a future program.

*For those families participating in Lower Merion ESY, after school transportation may be available. Please contact Lower Merion School District for more information.

Location: Belmont Hills Pool, 122 Mary Watersford Rd, Bala Cynwyd
Dates: June 23 – July 30 No Program July 3
Days/Time: Monday – Friday, 12:30 – 4:00pm
Ages: 7 – 18 yrs
Fees: Resident/\$725 Non-Resident/\$850 **Registration Limit:** 10 Participants

YOUTH FIREFIGHTER CAMP

Youth Firefighter Camp will provide participants the opportunity to learn about fire safety, fire prevention, and the roles and responsibilities of firefighters with the Lower Merion Fire Department. Learning alongside Firefighters will help kids build a sense of teamwork and responsibility. The curriculum is designed to be fun, challenging, entertaining and educational. Lessons and activities will focus on the daily life of a firefighter, while helping participants identify fire and life safety concerns throughout their homes and schools. Each day will consist of short periods of lectures and lessons, followed by opportunities to actively participate in exercises designed to reinforce what they have learned. Youth Firefighter Camp will cover many interesting topics such as Fire Extinguisher Training, HazMat, Search and Rescue, etc... For more information, please visit www.lowermerionrec.com

YOUNG SPORTS Boys and Girls – Ages 3 – 6

Founded locally in 2007, these award-winning programs emphasize and inspire fun and at the same time, develop a child's gross motor activity through highly engaging activities. Our #1 goal is to give children a happy and healthy start in athletics! Participants will have the opportunity to experience Football, Baseball, Lacrosse, Soccer and "Goofy Games". For Boys and Girls, Ages 3 – 6. Group Limit: 24 participants For more information, please visit www.young-sports.com

Location: Ashbridge Park
Day/Time: Thursdays 6:45 – 7:30pm
Session: June 18 – July 23 (6)
Session Fee: Resident/\$105 Non-Resident/\$125

**STEEL SOCCER**

Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community. Steel Soccer was formerly UK Elite Soccer. The name has changed but the Staff, Philosophy and Standards haven't changed!

**Steel Futures and Individual Development Soccer Clinic – Summer – Ages 3 – 8 Years**

A fun introduction for 3 – 8 year-olds to the world of soccer through activity based program. The emphasis is on a "Games Based" approach to coaching soccer within a fun learning environment. This program is designed to allow every child the chance for maximum development and enjoyment. Each child will enjoy learning the fundamentals of soccer, including individual ball skills, running with the ball, passing, controlling the ball, shooting and scoring.

Location: South Ardmore Park – Lower Field
Day/Time: Wednesdays 5:00 – 6:00pm
Session 1: June 10 – July 22 (7)
Fee: Resident/\$105 Non-Resident/\$115

Steel Futures Soccer Petite Camp – Ages 3 – 5 Years

The UK Petite Sports program has been designed to introduce young children to a variety of sports in a safe environment. All the games and sports will be activities to help balance, speed, agility, fast controlled movement, hand/eye and eye/foot coordination. All will be key factors in early development of children in sport, this will also improve their social interaction.

Location: South Ardmore Park
Day/Time: Monday – Friday 9:00 – 10:30am
Session 1: June 8 – 12
Session 2: June 15 – 19
Fee Per Session: Resident/\$125 Non-Resident/\$135

Steel Soccer Community Soccer Camp Ages 5 – 15 Years

This program provides a consistent path to improvement for 5 – 14 year olds. Each STEP is designed with the age, experience and ability of the player in mind. This program gives every player the chance to fully realize their potential. Each child will enjoy learning the fundamentals of soccer, including individual ball skills, running with the ball, passing, controlling the ball, shooting and scoring.

Location: South Ardmore Park
Days: Monday – Friday
Ages/Times: 5 – 14 yrs Half Day 9:00am – Noon 7 – 14 yrs Full Day 9:00am – 3:00pm
Session 1: June 15 – 19 Session 4: August 17 – 21
Session 2: June 22 – 26 Session 5: August 24 – 28
Session 3: July 20 – 24 Session 6: August 31 – September 4
Fee Per Session: Half Day Resident/\$180 Non-Resident/\$200
 Full Day Resident/\$240 Non-Resident/\$260

STEEL SPORTS CAMPS

Brought to you by Steel Soccer. Full day Sports camps. Each day will have a fun balance of instruction and play from games around the world, all instruction provided by qualified international sports coaches. This week long camp features International Sports such as Volleyball, Touch Rugby, Cricket, Handball, Flag Football, Badminton and more.

Days/Times: Monday – Friday
Session 1: July 6 – 10 McMoran Park
Session 2: August 10 – 14 South Ardmore Park
Ages: 5 – 14 yrs Half Day 9:00am – Noon 7 – 14 yrs Full Day 9:00am – 3:00pm
Fee: Half Day Resident/\$180 Non-Resident/\$200 Full Day Resident/\$240 Non-Resident/\$260

SOCCER SHOTS

Soccer Shots is the premier intro to soccer program in the United States teaching children soccer and character development through its innovative curriculum and imaginative games. Visit us at www.soccershots.org to learn more. **Location:** Ashbridge Park

**Mini – Ages 2 – 3 Years**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. (Parents accompany children on field)

Summer Session 1: Mondays 5:10 – 5:45pm June 22 – July 27 (6)
Summer Session 2: Saturdays 8:45 – 9:15am June 20 – August 1 (6) No Class 7/4
Summer Session 3: Saturdays 9:20 – 9:50am June 20 – August 1 (6) No Class 7/4
Fees Per Session: Resident/\$99 Non-Resident/\$119

Classic – Ages 3 – 5 Years

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Summer Session 1: Mondays 5:50 – 6:30pm June 22 – July 27 (6)
Summer Session 2: Saturdays 9:20 – 10:00am June 20 – August 1 (6) No Class 7/4
Summer Session 3: Saturdays 10:05 – 10:45am June 20 – August 1 (6) No Class 7/4
Summer Session 4: Saturdays 10:50 – 11:30am June 20 – August 1 (6) No Class 7/4
Fees Per Session: Resident/\$99 Non-Resident/\$119

Premier – Ages 5 – 7 Years

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Summer Session 1: Saturdays 10:05 – 10:45am June 20 – August 1 (6) No Class 7/4
Summer Session 2: Saturdays 10:50 – 11:30am June 20 – August 1 (6) No Class 7/4
Fees Per Session: Resident/\$99 Non-Resident/\$119

Lower Merion Township is looking for motivated and reliable summer lifeguards to ensure the safety of members and guests at the Belmont Hills and Ardmore Avenue Pools. Please check our website for upcoming Lifeguard Training Courses or email recreation@lowermerion.org for employment opportunities.

SUMMER PROGRAMS

HAPPYFEET

HappyFeet classes are a fun approach to ensuring your child has an absolute blast while developing elite physical skills and self-concept. The HappyFeet curriculum is designed to gradually develop ever more advanced physical skills and self-belief. To make sure every child has a positive experience, HappyFeet classes are non-competitive. We use fun techniques to develop muscle memory towards the training of dynamic dribbling and shooting skills. To register or for more information, please visit www.happyfeetphilly.com



HappyFeet Little Toes (Ages 2 – 3.5)

This is strictly an introduction to the game of soccer. Our goal in this age category is to develop the gross motor movements that will enhance balance and coordination while also beginning to develop the muscle movements for kicking a soccer ball. This class is 30 minutes long and is parent friendly (mom/dad & me). We strive to help your child begin their independence away from you (the parent) when they join our coaches as they sing, laugh, and take Bob on different adventures.

Summer Session 1: Tuesdays 6:00 – 6:30pm June 16 – July 28 (7) Ashbridge Park
Summer Session 2: Sundays 11:00 – 11:30am June 21 – August 9 (7) No Class 7/5 South Ardmore Park
Fee: Per Session Resident/\$99 Non-Resident/\$109 **Group Limit:** 18 participants

HappyFeet (Ages 3.5 – 5)

During this stage your child will flourish within our imagination based curriculum. Not only will they begin to develop excellent gross motor skills they will also begin to develop a healthy recognition of their own self-concept! Here our class time jumps to 1 hour as we allow time to introduce fun, non-competitive games along with our imagination based learning approach. During your child's time with us at this stage they will begin to learn basic and advanced soccer moves with the ball. These moves are then incorporated into the stories and games that we play with your children to increase repetition without it ever feeling like practice!

Summer Session 1: Tuesdays 6:30 – 7:30pm June 16 – July 28 (7) Ashbridge Park
Summer Session 2: Sundays 9:00 – 10:00am June 21 – August 9 (7) No Class 7/5 South Ardmore Park
Summer Session 2: Sundays 10:00 – 11:00am June 21 – August 9 (7) No Class 7/5 South Ardmore Park
Fee: Per Session Resident/\$139 Non-Resident/\$150 **Group Limit:** 18 participants

DAVID BROIDA TENNIS

Instruction provided for beginner, advanced beginner and intermediate levels. Learn the fundamentals of the game, including proper grip, stance, positioning on court, serve, volley, forehand, backhand, and offensive/defensive strategy with David Broida and Staff. Match play singles and doubles for intermediate players. For more information, please contact David at (610) 864-4303 or dbroida@gmail.com

McMoran Park Tennis Clinic (Belmont Hills)

Location: 154 Mary Watersford Road, Bala Cynwyd, next to Belmont Hills Library
Dates: Saturdays June 6 – July 18 (6) No Class 7/4
Ages: 4 – 17 yrs
Session 1: 9:00 – 10:00am Beginner and Advanced Beginner
Session 2: 10:00 – 11:00am Advanced Beginner and Intermediate
Fee: Resident/\$95 Non-Resident/\$115



McMoran Park Adult/Teen Tennis Lessons

Location: 154 Mary Watersford Road, Bala Cynwyd, next to Belmont Hills Library
Dates: Tuesdays & Thursdays June 9 – July 9 (10)
Ages: Adults and Teens Age 13 and Over
Session 1: 5:30 – 6:30pm Beginner and Advanced Beginner
Session 2: 6:30 – 7:30pm Advanced Beginner and Intermediate
Fee: Resident/\$145 Non-Resident/\$160



US SPORTS INSTITUTE

USA Sport Group brings together the finest providers of sports camps and classes for all ages and ability levels. For more information, please visit ussportsinstitute.com. All activities promote hand-eye coordination, movement, balance and most importantly FUN! Additional information

can be found at www.ussportsinstitute.com **Location:** McMoran Park

Multi Sports - Day Camp Boys and Girls Ages 5 – 12 Years

Players will have the opportunity to experience up to 4 different sports each day. Sports included: Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more!
Session 1: June 22 – 26 **Session 2:** June 29 – July 2 (4 Day Session, Monday – Thursday)
Session 3: July 13 – 17 **Session 4:** July 27 – July 31 **Session 5:** August 10 – 14

Multi Sports – Full Day Camp

The Full Day Multi-Sports camp offers campers the chance to experience many additional sports and daily sports challenges along with the entire sports lineup of the half-day camp. This is the true sports camp experience with so much to do in so little time!

Time: 9:00am – 3:00pm
Fee: Per Session Resident/\$225 Non-Resident/\$260 *Session 2 Resident/\$180 Non-Resident/\$200

Multi Sports – Half Day AM Camp

The Half-Day Multi-Sports Camp gives our younger participants the opportunity to experience over 15 sports in a week! Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation.

Times: 9:00am – 12:00pm
Fee: Per Session Resident/\$195 Non-Resident/\$230 *Session 2 Resident/\$160 Non-Resident/\$190

Multi Sports – Half Day PM Camp

The Half-Day Multi-Sports Camp gives our younger participants the opportunity to experience over 15 sports in a week! Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation.

Times: 1:00pm – 3:00pm
Fee: Per Session Resident/\$175 Non-Resident/\$210 *Session 2 Resident/\$140 Non-Resident/\$165

Golf – Camp Boys and Girls Ages 4 – 11 Years

Using the SNAG (Starting New at Golf System) the modified golf clubs will encourage players to develop the correct chipping, putting and driving techniques. All Golf Camp curriculums create an environment which allows players to develop and progress within sport.

Date: August 17 – 21
Session 1: Ages 9 – 11 yrs 9:00 – 11:00am Resident/\$135 Non-Resident/\$155
Session 2: Ages 6 – 8 yrs 11:00am – 1:00pm Resident/\$135 Non-Resident/\$155
Session 3: Ages 4 – 5 yrs 3:00 – 4:00pm Resident/\$105 Non-Resident/\$125

BRICKS 4 KIDZ

Bricks 4 Kidz, a leader in STEM (science, technology, engineering, and math) educational activities specializes in introducing children to advanced concepts in physics and engineering through hands-on play with LEGO bricks and technologies in after school enrichment programs, field trips and summer camps. For more information, please call 484-557-3092 or visit www.brick4kidz.com/exton. For a current class schedule, please visit www.lowermerionrec.com



THEATRE HORIZON DRAMA CAMP Ages 7 – 11 Years

This action-packed drama camp is taught by Philadelphia theatre professionals. Young actors spend the week working as a team to create a play full of drama, comedy, suspense, mystery, and action! They are guided through playwriting, fun improvisational games and acting exercises that encourage creativity and self-confidence. Students will also learn the basics of stagecraft, how to speak loudly and clearly, how to work in teams and how to accept and respect others' ideas. On the last day, they perform their world premiere play for an audience using props and costumes. Curtain up! **Location:** Bala Cynwyd Middle School, 510 Bryn Mawr Ave, Bala Cynwyd, PA 19004 (Location subject to change)



Days: Monday – Friday
Time: 9:00am – 3:00pm
Session 1: July 6 – 10 **Session 4:** July 27 – July 31 **Session 2:** July 13 – 17 **Session 5:** August 3 – August 7
Session 3: July 20 – July 24
Wear/Bring: A lunch, drink and a snack, comfortable clothing and shoes (no skirts or flip-flops please!)
Fee Per Session: Resident/\$175 Non-Resident/\$205 **Registration Limit:** 22/session

HARRITON APPRENTICESHIP

Harriton's Apprenticeship Summer Camp allows today's youngsters to learn to care for sheep and chickens, a horse and to bottle feed calves. We'll work with traditional tools in wood and iron & tour through the historic house to learn about antique buildings and furniture. Sometimes we'll run down and have lunch on the creek bed, and on the last day we have our big picnic! This program is run free of charge for township residents, though donations to Historic Harriton House are greatly appreciated. Your contribution will help assure the continuation of Harriton's educational programs, and the preservation of the historic site.

Location: Harriton House, 500 Harriton Rd, Bryn Mawr
Session 1: July 20 – 24* **Session 2:** July 27 – July 31*
Days/Times: Monday – Friday 9:30am – 2:30pm
Ages: 11 – 14 yrs
Fee: Per Session Resident/\$35 Non-Resident/\$45 NO REFUNDS. NO EXCEPTIONS.
Registration Limit: 10/session – *Participants will only be permitted to register for ONE Session.

KITCHEN WIZARDS Discover the magic of cooking, one bite at a time!

At Kitchen Wizards, we help kids and adults of all ages to discover the magic of cooking, one bite at a time, through our culinary enrichment programs! Kitchen Wizards is a division of Kathy's Just Desserts, Inc. All campers will receive a chef's hat (toque), apron, certificate of completion, and recipe booklet - as well as lots of food they help prepare! *Please note camp will run Monday, Tuesday and Thursday 9:00am – Noon (No camp Wednesday)

Location: Belmont Hills Community Center, 50 Ashland Avenue, Bala Cynwyd
Time: 9:00am – Noon
Fee: Per Session Resident/\$140 Non-Resident/\$150



August 3, 4 and 6 Sweets for Sweeties Ages 5 – 9 Years

Little ones begin often begin their interest in the culinary arts by making desserts. In this camp, your chef-in-training will become more comfortable working in the kitchen - and learn to prepare lots of sweet treats!

August 10, 11 and 13 Deserts From Around the World Ages 9 – 13 Years

Children can learn to think globally in the tastiest way imaginable! We'll prepare sweets from many countries - and kids will learn what passes for dessert for children around the globe. We'll also locate these countries on a world map and talk about some interesting facts about them.

August 17, 18 and 20 Chocolate, Chocolate, and MORE Chocolate Ages 7 – 11 Years

Children will spend the week making everything chocolate - cupcakes, candies, cookies, and many other desserts where chocolate is the main ingredient. Lots of samples to come home and share with the family.

CHESS CLUB Ages 4 – 14

Learn how to play chess from a Shining Knights chess coach! Our coaches are professional instructors and have taught thousands of children to play chess. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. All chess supplies provided. **Group Limit:** 30 Students More information can be found at www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue
Day/Time: Tuesdays 5:30 – 6:30pm
Summer Session: June 23 – August 25 (10)
Session Fee: Resident/\$150 Non-Resident/\$175



CHESS CAMP

Spend the week playing and learning about chess from the Shining Knights chess coaches! Campers are assigned to groups by skill level, and classes are tailored to appeal to total beginners through experienced and highly-rated tournament players. Activities include learning openings, tactics and endgames, study-

SUMMER PROGRAMS

ing master games, playing games against fellow students and analyzing the students' games. Campers will take short breaks for snacks and fresh air every hour and full-day campers have lunch and recess from Noon – 1:00pm. For more information please visit www.shiningknightschess.com

Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue
Full Day: 9:00am – 4:00pm Ages: 7 – 14 yrs AM Half Day: 9:00am – Noon PM
 Half Day: 1:00 – 4:00pm Ages: 5 – 14 yrs
Session 1: June 22 – 26 **Session 3:** August 3 – 7
Session 2: July 13 – 17 **Session 4:** August 17 – 21
Fee: Half Day Resident/\$210 Half Day Non-Resident/\$250
 Full Day Resident/\$350 Full Day Non-Resident/\$385

YOUNG REMBRANDTS

Our innovative, step-by-step curriculum and engaging subject matter will show your child that drawing can be fun and interesting! During our classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue. **FULL DAY and HALF DAY OPTION! Ages: 5 – 12 yrs**

FULL DAY Session: 9:00am – 3:30pm **AM Session:** 9:00am – Noon **PM Session:** 12:30 – 3:30pm
 *Sign Up for both AM and PM Sessions and lunch time care (Noon – 12:30pm) is included.
 *Lunch from Noon – 12:30pm – Please send with a packed lunch.
Fee Per Session: Half Day Resident/\$225 Non-Resident/\$270
 Full Day Resident/\$400 Non-Resident/\$425

**Session 1 June 22 – 26****AM Session STEAMin' Up Summer**

Calling all artists, scientists, engineers, and math lovers! Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM! This five-day workshop will dive into a new discipline every day so that all children learn their possibilities. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principles - all while creating crazy awesome Art. Your child's brain is growing every day! We can't wait to get started!

PM Session Egyptian Workshop

This summer, explore the mysterious world of Egypt with Young Rembrandts! We will spend five days digging into how the Egyptians lived. We will investigate decorative objects in the treasured tombs including sarcophagi, hieroglyphics and more. We will create drawings full of artifacts and Egyptian imagery using a variety of media, including markers, color pencils, Sharpies™ and more. In fact, our final day will consist of a large drawing using pastel chalk.

Session 2 June 29 – July 3**AM Session Learn Anime Manga Drawing**

Calling all otaku kids! Join the Anime Manga workshop and learn to draw your favorite Japanese style art. This five-day workshop will tap into everyone's imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child's talent is about to take off - register now to save your child's spot in this kawaii workshop focused on technique and creativity!

PM Session Fantasy Forest Workshop

Magical, mythical, marvelous art is coming your way in this new Young Rembrandts Drawing Workshop! Join us for five days filled with fun and creative thought as we explore deep in the Fantasy Forest. Students will tap into their imagination while learning to draw otherworldly creatures like fairies, trolls and a forest queen. Your child's talent will truly enchant you as they create beautiful scenery and new masterpieces every day. Register now to save your child's spot in this fanciful workshop focused on creativity and whimsy!

Session 3 July 27 – July 31**AM Session Cartoon Adventures in Space**

Join Young Rembrandts as we travel to the farthest reaches of the galaxy in our Cartoon Adventures in Space workshop. Futuristic scenes of other worldly adventures highlight the spectacular drawings our students will produce. We will join our own colorful cast of cartoon characters, like Sketch the mouse, Shade the cat and Dave the elephant. Not only will our students learn how to illustrate science fiction-inspired characters and moments, but they will also strengthen their drawing and coloring skills. From astronauts in jetpacks to out-of-this-world alien lifeforms, our students will learn how to compose well-drawn cartoon figures in dynamic poses. Get ready for five days of exciting, intergalactic imagery!

PM Session Young Rembrandts at Sea

Grab your goggles and your sense of adventure—Young Rembrandts is taking you on a colorful, seafaring voyage! Students will begin this three-day workshop by drawing a tropical fish graphic. We'll give our scene pop and dimension using fundamental patterning techniques and bold color choices. On Day 2, bring your giggles as we learn to cartoon! We'll learn to add expression and movement to bring our sea characters to life in this multi-drawing session. Day 3 taps into our new skills as we use pastels to draw a bigger-than-life graphic cruise ship. Buy a frame for this one—you'll be showing it off for years to come! Please wear an old shirt or smock on the last couple of days.

Session 4 August 24 – August 28**AM Session Pastel Drawing Workshop**

Five, fun-filled days await our students as we explore ocean life as they learn to draw and color with pastels. We will create detailed, pastel compositions on each day, focusing on a different ocean-themed subject. We will draw eye-catching sea stars along the shoreline and a pair of vibrant clown fish. We will illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene of jellyfish. Our instruction will bring remarkable results, and you will want to head to the frame shop with your child's finished pastel pieces. These pastel drawings will reward students with a great sense of pride and accomplishment. Enroll today!

PM Session Learn Anime Manga Drawing

Calling all otaku kids! Join the Anime Manga workshop and learn to draw your favorite Japanese style art. This five-day workshop will tap into everyone's imagination while learning to draw cute manga inspired characters, accessories and costumes. Your child's talent is about to take off - register now to save your child's spot in this kawaii workshop focused on technique and creativity!

MAD SCIENCE CAMP

Mission — “We aim to spark the imagination and curiosity of children everywhere by providing them with fun, entertaining and educational activities that instill a clear understanding of what science is really about and how it affects the world around them.” Location: Bryn Mawr Community Center, 9 South Bryn Mawr Avenue. **FULL DAY and HALF DAY OPTION!**

Full Day Fee: 9:00am – 4:00pm Resident/\$300 Non-Resident/\$350
 *Lunch from Noon – 12:30pm – Please send with a packed lunch
Half Day Fee: 9:00am – Noon Resident/\$175 Non-Resident/\$220
Group Limit: 20 Students Ages: 6 – 12 yrs

**Session 1 July 6 – 10 Secret Agent Lab!**

Look out 007- the Mad Science Secret Agent Lab is in session! From decoding messages to experimenting with metal detectors and night vision, children will have the opportunity to check out spy equipment and step into the shoes of a detective! Children will uncover the science involved in gathering and analyzing evidence and the technology behind locks, surveillance systems and alarms. To test the limits of magnified observation, junior science sleuths will build their own binoculars and develop ways to work together to refine their observation skills. Campers will use what they have learned as they find, collect, and analyze evidence and connect the dots to solve a simulated crime scene! Mad Science Spy Camp is 00-Awesome!

Session 2 July 20 – 24 Brixology & Jr. Engineers

Using LEGO bricks designed exclusively for Mad Science, junior engineers team up to construct different projects. From carnival rides to drawing machines, mechanical animals to truss bridges to space stations, you've got to check this out! Engineering Design Challenges include building a space sail, bobble head, and glider car. Try your hand at aerospace, nautical, biomechanical, and even structural engineering! Stay for the Afternoon Session and our Jr. Mad Science Engineers will design and build skyscrapers using simple tools and intricate imaginations. Exercise your ability to work together in order to construct a geodesic dome big enough for all of the campers to fit inside! Work with pulleys, wedges, screws, and levers & assemble your own catapults! Maneuver robots around an obstacle course, play robot soccer, and even test line-tracking robots during this weeklong camp full of hands-on excitement! Let the Engineering & Tinkering begin!

Session 3 August 10 – 14 Crazy Chemistry & Rocking Rockets

Hop on board the Chemistry Express for a high-speed Science Experience. Classes are filled with experiments that fizz, tingle and mystify your minds! Children will investigate Smoking Potions, Radical Laboratories and So Much More!! Mad Science brings awe-inspiring experiments paired with thought-provoking detective work to campers, nurturing scientific interests and evoking fascination. Children will learn about chemical reactions as they grow crystals, create sidewalk chalk from scratch, and design chromatography Head Bands and so much more! Stay for the full day for our outer space experience to expand a passion for our sensational solar system. Campers will investigate the mechanics of unique flying machines, such as balloon-copters, boomerangs, and mini hovercrafts. Children will be transported to the past as they delve into how early “pilots” navigated throughout space as they create their own sextant and sundial. Building upon previous experiments and knowledge learned throughout the week, campers will use what they've learned to construct a model rocket and have the option of participating in a live launch demonstration. This Camp is a total BLAST!

ENGINEERING FOR KIDS

At Engineering For Kids we believe that children are natural born engineers who have unlimited imaginations and unbridled enthusiasm. We offer fun, hands-on learning for children ages 4 to 12. Our activities range from building flashlights and rockets to programming video games and robots. The variety of programming is extraordinary! For more information, please visit engineeringforkids.com

AM Session: 9:00am – Noon **PM Session:** 12:30 – 3:30pm **Group Limit:** 16 Participants Unless Otherwise Noted
 *Sign Up for both AM and PM Sessions and lunch time care (Noon – 12:30pm) is included.
Fee: Resident/\$199 Non-Resident/\$238 **Location:** Bryn Mawr Community Ctr, 9 S Bryn Mawr Ave

**June 29 – July 3 AM Session Jr Inventor's Workshop Ages 4 – 7 Years**

We have opened up the workshop for a week of fun, creativity, and of course -- engineering! Over the course of a week, students will invent new machines and explore creative design solutions using the Engineering Design Process. Discover how a wind-up toy works and design your own drawing robot inside the Engineering For Kids Inventor's Workshop.

June 29 – July 3 AM Session Engineering of Power and Energy Ages 8 – 12 Years

In this camp students will explore electrical, environmental, marine, and mechanical engineering. They will explore harnessing energy, directional energy transformation, the relationships between potential energy and kinetic energy, and electrical circuitry.

June 29 – July 3 PM Session Momentum Madness Ages 8 – 12 Years

Zero to sixty in two seconds?! How fast can an object go without compromising safety? Students in this camp will work with their Pit Crew to design and build vehicles, such as dragsters and hovering levitrons, which should be able to withstand astonishing speeds. Fasten your seat belt, the race has begun!

July 20 – 24 AM Session App LEGO Robotics: Robo Games Ages 8 – 12 Years

Group Limit: 12 Participants

This Robotics: RoboGames curriculum is designed to introduce students to the world of not only building, but also programming basic robots. In this unit, students will design their robots to play games.

July 20 – 24 PM Session Jr LEGO Robotics: Adventure Stories Ages 4 – 7 Years

This camp is a perfect mixture of fun and learning, using LEGO® WeDo Robotics. Using LEGO® bricks, students build an airplane rescue, a giant escape, and a sailboat storm. They also learn how to program and operate their creations using a laptop computer.

July 20 – 24 PM Session App Engineering Olympiad Ages 8 – 12 Years

Who has the strength to be a world-class athlete? In this five-day camp, students will separate into counties and will compete against opposing counties in various tests of mental and creative strength. The students will earn “medals” throughout the week and will endeavor to become the next great team of Olympians.

July 27 – 31 AM Session Jr Under Construction Ages 4 – 7 Years

Put on your hard hats engineers and join us for our The Engineering of Cities! In this camp, students work hard to apply their knowledge of construction to save the beach from erosion and build their very own city

SUMMER PROGRAMS

from the ground up. From roads and tunnels to buildings and skyscrapers, students discover that no job's too tough for an Engineering for Kids engineer!

July 27 – 31 AM Session App Medieval Mayhem Ages 8 – 12 Years

In medieval times, there were a huge number of engineering innovations. Crossbows, drawbridges, towers, cranes, the compass, and more were invented during those times. The lands then were ruled by feudal courts in a castle, with each castle having a great deal of land around it that was ruled by the lords and ladies of the castle. Because owning land meant more power, many lords and ladies went to battle with other lords and ladies, trying to take their castle and control their land. This led to many incredible devices being engineered, such as catapults. Students will be split into groups forming their own feudal court of lords and ladies. They will try to beat out the other teams in various challenges to show their prowess and be crowned kings and queens of the land with the Engineering for Kids Crown.

July 27 – 31 PM Session App Engineering of Adventurers Ages 8 – 12 Years

Welcome to Engineering of Adventurers! Students in this five-day camp will find themselves stranded on an abandoned island filled with perilous obstacles—dark caves, wild animals, cold temperatures, little food, and separation from the comforts of home. They will work collaboratively with their tribe members to compete against other tribes in specific engineering-related projects aimed at trying to survive the harsh island conditions and escape to their freedom. The tribe with the most points at the end of the week will claim the honor of Engineering of Adventurer.

Aug 24 – 28 AM Session Jr Hardware Engineering: Scratch with Makey Makey Ages 4 – 7 Years

When your favorite song comes on the radio do you sit quiet or do you dance around and play the air drum solo? In Musical Adventures With Scratch and Makey Makey, we are going to explore how different sounds are created and we will create our own interpretations of common musical instruments like drums, piano, guitar, and even a recorder, and we will create our very own dancing program, all through the use of Makey Makey and Scratch to bring our music to life! The last day will end with a bang, or at least a great mini concert from our students!

Aug 24 – 28 AM Session Out Of this World Ages 8 – 12 Years

During Out of this World camp, students will explore three fields of engineering: aerospace, civil, and chemical. Collaborating with their Space State teams, they will design and construct a variety of projects that will enable mankind to safely inhabit the moon. Is mankind ready to inhabit the moon? With a little help from Engineering for Kids® students, humans will be prepared to take up residence by the end of the week! Students will collaborate with their Space State teams to create the safest and most effective community on the moon. Which team will earn enough Astro-Points to be declared the winner?

Aug 24 – 28 PM Session Jr Aerospace Engineering: Taking to the Skies Ages 4 – 7 Years

The Junior Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, helicopters, and more.

Aug 24 – 28 PM Session Hardware Engineering: Digital Interface with Circuitry Ages 8 – 12 Years

Imagine designing a piano using celery or a creating a custom digital training program. Now, envision playing video games using just your body, a bit of wire and your own imagination. In our hardware engineering program, students engineer their own customized video game controllers using a Makey Makey device and materials that can be found in just about any kitchen. Through application of circuitry, acoustical engineering and video game design, students discover new ways to interact with technology, all while creating unique designs in a fun collaborative environment.

Aug 31 – Sep 4 AM Session Jr Camp Kelvin Ages 4 – 7 Years

Pack your bags and lace up your hiking boots engineers, because at Camp Kelvin, we are engineering designs to help us explore the great outdoors. Build a tent, design waterproof clothing, engineer your own survival pack and more! Join us for a week of fun and adventure where everyone goes home a happy camper!

Aug 31 – Sep 4 AM Session App Electronic Game Design: Hydrocrafts Ages 8 – 12 Years

Fee: Resident/\$199 Non-Resident/\$238 Location: Bryn Mawr Community Center, 9 S. Bryn Mawr Avenue Prepare for some fast splashing fun as we use the Engineering Design Process to design and create our very own racing game to race our personally designed hydrocrafts! We will create a storyboard to identify and capture the rules of play and characters for our game, and then use Clickteam Fusion 2.5® to bring our storyboard to life with programming. At the end of the unit, everyone takes home a working Windows-compatible game.

Aug 31 – Sep 4 PM Session Jr Mechanical Engineering: Widgets, Gadgets & Toys Ages 4 – 7 Years

The Junior Mechanical Engineering classes introduce our youngest engineers to fundamental concepts of energy, materials, and movement. Through open and focused exploration, students explore and construct their own roller coasters, catapults, cars, and more.

Aug 31 – Sep 4 PM Session App 3D Printing: Minecraft Creations Ages 8 – 12 Years

3D printing and Minecraft both represent boundless opportunity for creating even our wildest of ideas! In 3D Printing: Minecraft Creations, students will explore the basic concepts of 3D printing and computer-aided design, or CAD, to bring their most awesome Minecraft creation to life! Students will take their Minecraft design out of the world of Minecraft and learn how to extrude it into a 3D model that can then be modified to be printed in 3D.

ADULT CLASSES AND PROGRAMS

LOWER MERION TOWNSHIP WOMEN'S SOFTBALL



Players and Teams Wanted!

- Modified Pitch Softball League open to women 18 and over.
- Games are played on Monday and Wednesday nights from May through July in LMT.
- Teams and individual Players are wanted.

If you are interested, please call (610) 645-6220 or e-mail Recreation@lowermerion.org. A captains' meeting will be held in April and individuals will be contacted shortly thereafter.

VIVA COMMUNITY FITNESS PILATES

Slim your waist, stomach and hips; strengthen and tone your muscles; relieve back, wrist, neck and shoulder pain and melt away stress. You will leave class standing taller, looking younger and be full of energy. Non-jarring exercises are tailored to fit each student's body. Perfect for men/women, ages 15 and up of all fitness levels. Wear comfortable exercise attire. Bring a large towel, mat, medium or regular strength Pilates band, small ball and Pilates magic circle.

Location: Bala Gym, Bala and Union Avenues

For more info or to purchase equipment call 856-751-0095 or go to www.vivacommunityfitness.com

Pilates – Tuesdays 7:30 – 8:30pm

Winter Session: January 14 – March 24 (11) Resident/\$132 Non-Res/\$158

Spring Session: April 14 – June 9 (8) No class 4/28 Resident/\$96 Non-Res/\$120

Summer Session: June 23 – August 25 (10) Resident/\$120 Non-Res/\$145

Pilates – Thursdays 7:30 – 8:30pm

Winter Session: January 16 – March 26 (11) Resident/\$132 Non-Res/\$158

Spring Session: April 16 – June 11 (8) No class 4/30 Resident/\$96 Non-Res/\$120

Summer Session: June 25 – August 27 (10) Resident/\$120 Non-Res/\$145

FIT4MOM Main Line

Stroller Strides/Stroller Barre Stroller Strides is a total fitness program that moms can do with their babies. It includes power walking and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by certified and specially trained fitness instructors, it is a great workout for any level of exerciser. Stroller Strides instructors weave songs and activities into the routine designed to entertain and engage baby, while moms are led through a series of exercises specific to her role as mom.

To register or for more information, please visit mainline.fit4mom.com

Location/Day/Time: Ashbridge Park Tuesdays and/or Thursdays 9:30 – 10:30am

Session: Early April through Mid November

Fees: Fees Vary – Monthly Passes Available - First Class is Free

ADVERTISE IN THE LOWER MERION NEWSLETTER!

NEWSLETTERS SENT OUT TO LOCAL RESIDENTS!

CALL NOW TO RESERVE YOUR SPACE!

215-538-0350

OTHER PARKS AND RECREATION INFORMATION

LOWER MERION TOWNSHIP – POOL INFORMATION

The Department of Parks and Recreation operates two outdoor swimming pools.

- The **Ardmore Pool** is located behind the Community Center on Ardmore Ave in Ardmore—610.642.4338.
- The **Belmont Hills Pool** is located at 122 Mary Waters Ford Road in Bala Cynwyd—610.668.2411.

Separate memberships are required for each pool. **Registration will begin March 1, 2020. Membership applications, fee tables and supporting information can be found at www.lowermerionrec.com or at the Department of Parks and Recreation.** Memberships **must** be purchased through the Department of Parks and Recreation, 75 E. Lancaster Avenue, Ardmore, before attending the pools. **Memberships can be purchased on-line, via mail, or in person.** The Pools will open on **Saturday, May 23** (weekends only) and will open Monday, June 15, seven days a week for the regular summer season, closing on Labor Day, **Monday, September 7** (Schedule subject to change). Pools are open weekdays, Noon to 8:00pm and weekends/holidays from 11:00am – 8:00pm. **All new members must provide proof of Lower Merion residency. Photocopies of residency are acceptable.** You may complete the membership process through the mail.



Morning Adult Swim at Belmont Hills Pool will be held from **June 15 – August 7, 2020** every Monday through Friday from 8:00 – 9:00am (as operations allows) to members of either pool **only**.

Tot Pool Hours at Belmont Hills Pool will be held from **June 15 – August 7, 2020** every Monday through Friday beginning at 10:00am (as operations allows) to members of either pool **only**. Members will **ONLY** be permitted to use the Tot Pool.

The Annual Cardboard Boat Regatta will be held **Sunday, August 2** (rain or shine) beginning at **3:00pm**. **The lap pool will be CLOSED for this event**, but will re-open once event is complete.

INSTRUCTIONAL SWIM LESSONS

All classes are conducted in accordance with American Red Cross standards. You must be a resident of the Township of Lower Merion or a current Pool Member to register for lessons.

Days: Monday – Friday

Fee per Session: Resident/\$70 Non-Resident/\$80

Schedules are subject to change based on registration

Class Descriptions

- Aqua Tot – Infant to approximately age 4. Will need an adult in the water. Five tots with adults per class.
- Beginner 1 – Non-swimmer of any age. Up to six participants per class.
- Beginner 2 – Swimmers who want to improve their stroke. Up to six participants per class.
- Advanced Beginner – Swimmers that can swim one length of the pool. Up to six participants per class.
- Intermediate – A good swimmer working on stroke and endurance. Up to six participants per class.

Instructional Swim Program – Belmont Hills

Pre-registration is required. **Registration processed at Belmont Hills Pool ONLY.**

Session 1 June 15 – 26 Registration begins Noon on June 6 (Weekends Only)

Session 2 June 29 – July 10 Registration begins 8:00am on June 22

Session 3 July 13 – 24 Registration begins 8:00am on July 6

Session 4 July 27 – August 7 Registration begins 8:00am on July 20

Schedule: (Subject to change based on Registration)

8:30 – 9:00am Beginner 1, Beginner 1, Beginner 2, Beginner 2, Advanced Beginner

9:15 – 9:45am Beginner 1, Beginner 1, Beginner 2, Beginner 2, Advanced Beginner, Intermediate

10:00 – 10:30am Beginner 1, Beginner 1, Beginner 2, Beginner 2, Aqua Tot

10:45 – 11:15am Beginner 1, Beginner 1, Beginner 2, Beginner 2, Aqua Tot

Instructional Swim Program – Ardmore Ave

Pre-registration is required. **Registration processed at Ardmore Pool ONLY.**

Session 1 June 29 – July 10 Registration begins 8:00am on June 22

Session 2 July 13 – 24 Registration begins 8:00am on July 6

Session 3 July 27 – August 7 Registration begins 8:00am on July 20

Schedule: (Subject to change based on Registration)

8:30 – 9:00am Beginner 1, Aqua Tot

9:15 – 9:45am Beginner 1, Beginner 2

10:00 – 10:30am Beginner 1, Advanced Beginner

DISCOUNT TICKETS FOR LOCAL AMUSEMENT PARKS AND ATTRACTIONS

Please check www.lowermerionrec.com for the complete price list!

What you need to know:

- Tickets are non-refundable.
- We accept Cash, Check or Credit Card (fees apply) as payment.
- Tickets can be used any time during the 2020 season.
- Tickets are sold from May through September 2020.
- These are tickets, not discount vouchers
- Call ahead for availability 610.645.6220
- Prices are subject to change.



ROSIE'S SENIOR JAMBOREE All Senior Citizens are invited to attend the 39th Annual Senior Jamboree. This event is free of charge! Lunch in the Park with entertainment and giveaways from our generous sponsors. This event has been enjoyed by many throughout the years.

Date: Wednesday, July 8 (Rain date is Thursday, July 9)

Time: 11:00am – 2:00pm **Location:** South Ardmore Park

FLAT ROCK PARK BOATING FACILITIES

- Township-owned boating facilities are provided at Flat Rock Park. The general public is permitted

use of these facilities provided appropriate permits are obtained.

- There is no fee to obtain a permit.
- All Boat Trailers are required to obtain a permit to park at the Flat Rock Park Boating Facility.
- The boating facilities are available for use by motorized and non-motorized boats, including canoes and kayaks.
- The recreational boating season is year round, but floating docks will only be in the water from approximately April 1 to November 15.
- The hours of Flat Rock Park are from Dawn until Dusk.

Boat Trailer Parking Permit

To apply for a Trailer Parking Permit, individuals must complete a Boat Trailer Parking Permit Application. **Permit application forms can be found on the Township web site at www.lowermerion.org or the recreation website at www.lowermerionrec.com. Applications can be submitted via mail, in person, or on-line. Please visit either website for more details.**

ARDMORE AVENUE COMMUNITY CENTER

122 Ardmore Ave., Ardmore Hours of Operation

Phone Number: (610) 896-7256 Monday – Friday: 3:00 – 10:00pm

Director: Linda Jackson Saturday: 10:00am – 6:00pm

Program Coordinator: Larry Scovens Sunday: CLOSED

Program Assistant: Crystal Uter

What else is going on? Call for information on these and other programs: Volleyball, Basketball, Hip-Hop, Movies, Special Events, Trips, and more!

SENIOR CENTERS AND SERVICE PROVIDERS INFORMATION

The Center for Positive Aging in Lower Merion (PALM)

www.palmseiors.org • 117 Ardmore Avenue • Ardmore, PA 19003 • (610)642-9370

ElderNet

www.eldernetonline.org • 9 S Bryn Mawr Avenue • Bryn Mawr, PA 19010 • (610)525 – 0706

RIVERBEND

Riverbend offers programs for the community that help to motivate and educate the next generation to care for our natural world. Parents may be interested in Riverbend's Summer Exploration Camp and Year-Round Camp offered on school holidays. In addition, they offer weekend family programs throughout the year. The 30-acre preserve is open to the public at no cost from dawn to dusk every day of the year. For more information, please visit www.riverbendec.org or call 610.527.5234.

LOWER MERION CONSERVANCY

The Lower Merion Conservancy invites you to come with us to explore the nature and history of Lower Merion in new and fun ways in a very exciting place: our outdoor classroom full of native Pennsylvania streams, forests and meadows.

PROGRAM PROVIDERS

Lower Merion has a number of groups that offer various recreational opportunities for leagues and other activities. Visit our website to view and or print a table of Program Providers with their contact information. Each group conducts their own registration during different times of the year. Please contact them directly if you are interested in any additional information.



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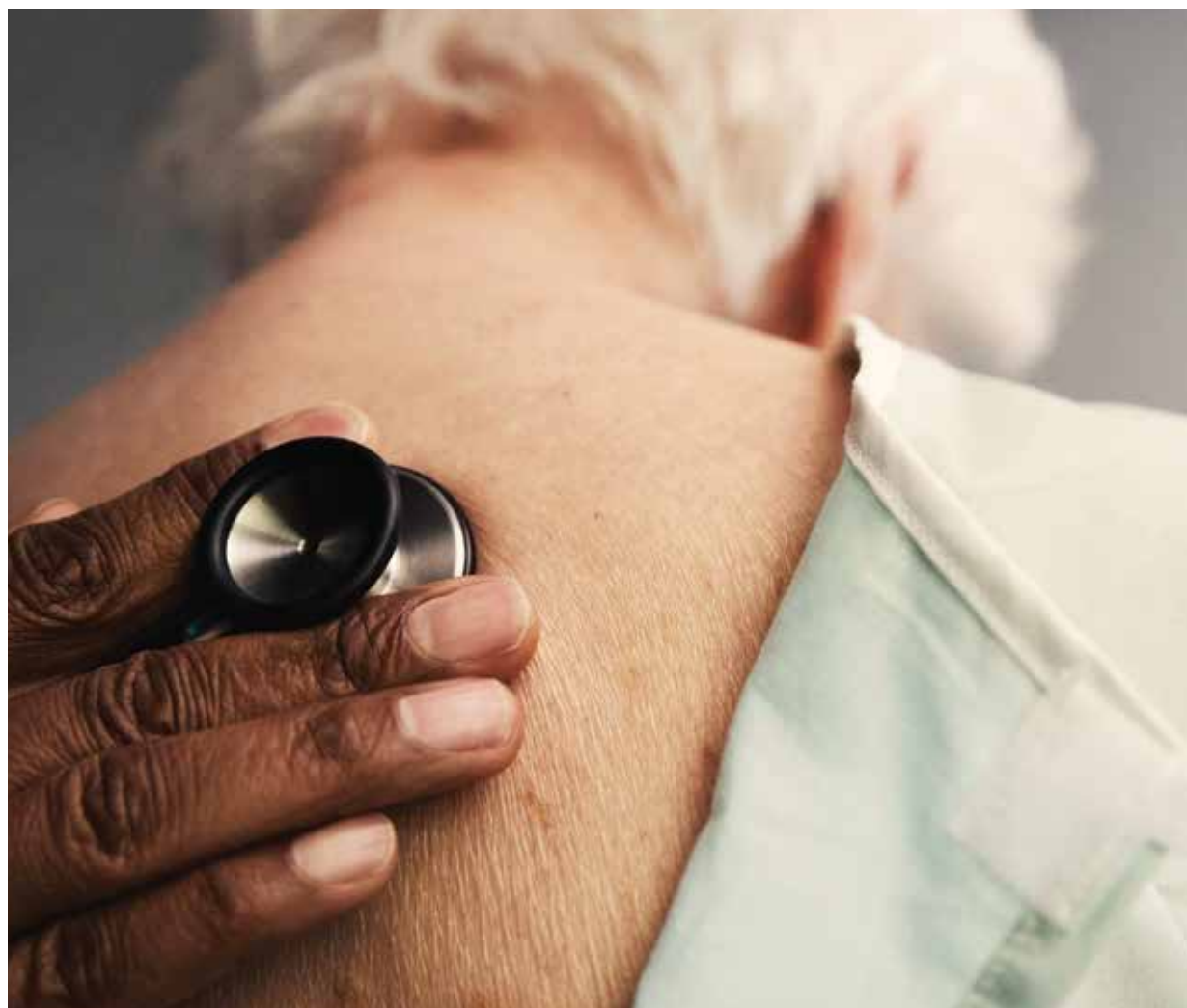
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Winter 2020

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POSTAL PATRON



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Bryn Mawr Rehab Hospital | Mirmont Treatment Center
HomeCare & Hospice | Lankenau Institute for Medical Research

mainlinehealth.org/beseen